

Subject: "Super Broth" Torches Unwanted Fat
From: "Al Sears, MD" <alsearsmd@send.alsearsmd.com>
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To: Gareth <gareth@eruditelifestyle.co.uk>

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Doctor's House Call



Al Sears, MD
11905 Southern Blvd.
Royal Palm Beach, FL 33411

February 18, 2022

New "Super" Broth Turbo Charges Metabolism to Release Pounds of Unwanted Fat

- **Shed excess weight from your belly, hips, and thighs**
- **Balance blood sugar**
- **Support healthy cholesterol**
- **NO grueling exercise required!**

Gareth,

They call it Ogbono broth.

It's a thick, hearty broth that the people in Cameroon--one of the richest countries in Africa-- typically eat every day.

They eat this broth because they see how it helps them stay slim and trim... while releasing floods of energy and supporting healthy blood sugar and cholesterol levels.

That's true even though bread, rice, and other carb-heavy foods are staples in their diets...and many of them spend more time sitting in front of computers than farming in fields.

Despite these modern-day woes, the people of Cameroon seem to be able to avoid many of the weight and metabolic issues that so many of us Americans struggle with.

Even better, with a fast-acting metabolism burning fat around the clock...

They're able to power through the day with a bigger spring in their step...

To play sports joyfully with friends...

To go for runs in the countryside with their partners...

To tackle all the house chores with a smile on their face...

And to sustain independent, active lifestyles in their 60s, 70s, and beyond.

Would you love to enjoy a slimmer body... surging, youthful energy... and robust health like this?

Well now you can!

That's because...



Western scientists have unraveled the secret to Ogbono broth's metabolism igniting power

That's right!

Scientists now know what makes "super" broth so super.

A discovery so groundbreaking it has the potential to help millions of Americans to trim away belly fat... to tighten jiggy thighs... and to feel like they're flipping the aging clock into reverse.

It may even help America win its losing battle with its waistline... and clear countless hospital beds while saving millions of lives.

In fact, it's a discovery now backed by mounting weight of research by Drexel University and other elite institutions. Research that has stunningly revealed...



“Super” broth’s key ingredient helps turbo-charge as much as 28 pounds of fat loss and shrink waistlines by up to 7-inches...

And that dramatic amount of fat loss happened in just 10 weeks... simply by taking an extract of this powerful ingredient before lunch and dinner each day!^{1,2}

What is the “super” broth ingredient that puts expensive fat-burning supplements that never seem to live up to their promises to shame?

Well, you may be surprised to know it’s not an herb, leaf, or spice...

It’s a *seed*.

A seed that comes from a fruit that grows in wild forests across Cameroon...

And it’s a seed you can expect to soon hear lots more about.

This is because study after study confirms...



This African seed may be the most potent metabolism-activating

slimming aid ever discovered!

In a moment, I'm going to reveal why this little-known African broth ingredient is now sending shockwaves through the weight-loss industry... and giving dieticians and fitness gurus nightmares.

But that's not all.

I'm also going to share four more natural metabolism-igniting breakthroughs from around the world that can send your weight loss efforts into overdrive, including:

- A "slimming seaweed" that scientists from the Academy of Natural Sciences in Moscow found helps burn off 5X more weight... even after eating bowlfuls of rice and noodles...³
- The butter bean's slim, sophisticated Italian "carb blocking" cousin. A bean which a study in the International Journal of Medical Sciences found helps you to slim down while still enjoying bread, pasta, and pizza...⁴
- A sour pumpkin which Georgetown University researchers observed can activate the brain's "happiness" trigger... so you can feel content, light, and breezy while losing weight, and...⁵
- The "miracle mineral" that scientists at University of Florida and Louisiana State University revealed can turn off sugar cravings like a light switch!⁶

In just a moment, I'm going to reveal how you can combine all five of these natural metabolism activators in just seconds every morning...

And join over 127,000 people across America getting in the best shape of their lives... but without grueling workouts or miserable diets that leave them feeling weak... deprived... and "HANGRY"!

That's because this unique set of five metabolism activators go deeper in reinvigorating a tired metabolism than anything you've likely tried before.

Every one of these five activators is backed by verified empirical research...

And when combined, they provide the ignition, turbo-boost, and fuel your metabolism needs to skyrocket your weight loss to new heights!

Imagine how great it will feel to *finally* be able to...

- Shrink your stomach... thin your thighs... and lose those stubborn "love handles" to regain the slimmer physique of your youth...
- Feast on healthy amounts of pizza, pasta and cake, while *still* losing weight...
- Eliminate cravings for carbs, sweets and high-fat foods that normally derail your slimming attempts...

- Help to maintain healthy cholesterol, blood sugar and triglycerides safely and naturally, *without* negative effects...
- Shed dangerous visceral fat that may be smothering your vital organs to keep your heart beating strong, along with healthy blood pressure and circulation...
- Ease the pressure off stiff, sore joints... and enjoy greater comfort, flexibility and freedom of movement...
- Help balance your "feel good" and "satiety" hormones naturally... so you can slim down without feeling deprived or hungry...
- Get compliments galore at how good, lean and youthful you look...

...all without eating like a rabbit or counting a single calorie!

Eager to know how all of this is now possible?

Then allow me to explain how my travels across the world led me to uncovering these five natural weight loss activators...

And how you, too, can start combining them to achieve and SUSTAIN your dream weight quicker and more easily than you may have ever thought possible.

What I'm writing to you today about is a new revelation that may be my biggest discovery yet...

Five key ingredients that help control cravings... accelerate the metabolism... and make fat loss faster, more effective, and more sustainable than ever before.

It's a paradigm shift in weight loss that could save millions of lives at a pivotal time in our nation's battle to get healthy

At my clinic, we've seen a **huge surge in people eager to slim down so they can become leaner, stronger, and healthier.**

Just like you, they want to feel more energetic, youthful, and vibrant today... and be around to take care of their families tomorrow and for decades to come.

I'm delighted to say that, after implementing my programs, many of them have seen their blood pressure normalize, their blood sugar balance, and their cholesterol and triglycerides stabilize at healthy levels.

But these health gains didn't come easy for many folks. Far from it.

As anyone who's been stuck on the dieting "merry-go-round" will know...

The mantra of counting calories has been a disaster for our waistlines

Perhaps you've already tried countless diets... punishing workouts... and bottle after bottle of fat-burner supplements... only to see the dial on the scales spinning back up a few months later.

And maybe you're sick and tired of small portion sizes, bland foods, and the frustration, deprivation, and misery that comes with every weight loss attempt.

If so, I hear you.

Everybody who comes to my clinic tells me how they find losing weight—and keeping it off—just too darned hard.

So, I dug deep into the latest research examining what happens inside the body when people try to lose weight.

And I discovered something that needs to be shouted from the rooftops...

The Western approach to weight loss has been broken for decades!

We spend billions every year on diets, gym memberships, and weight loss gadgets and gizmos...

But Americans are getting fatter and sicker every year.

We're supposed to have the best healthcare system in the world. **But deaths from obesity continue to rocket out of control.**

Well, that's why what I'm sharing with you today is so exciting!

It's the REAL underlying reason why so many people struggle to hit and sustain a healthy weight.

Because after years of research... and many late nights, dead ends, and small victories... I *finally* succeeded in the first stage of my mission.

I identified...

Five triggers inside the body that MUST be activated for weight loss to be easy and sustainable

They're biological triggers that make all the difference between people staying slim and healthy... or becoming another victim of their ballooning waistline.

These five weight loss triggers that must be activated are:

#1: The fullness trigger... so you feel fuller quicker, stay feeling satisfied longer, and are less likely to overeat or snack...

#2: The fat-burning trigger... so you can lose pounds of fat from your thighs, stomach, and arms and never fear the scale again...

#3: The carb-blocking trigger... so you can continue enjoying pizza, pasta, and cake—and *still* lose weight...

#4: The happiness trigger... to help maintain healthy levels of the "happy" hormone so you enjoy a joyful mood and shake off stress, and...

#5: The blood sugar trigger... so cravings for sugary, fattening foods vanish while you get off the mood and weight loss "rollercoaster".

When all 5 of these biological weight loss triggers are activated, healthy weight loss becomes practically effortless...and even *enjoyable!*

But if any of these triggers remain turned OFF, it's practically impossible to fight off cravings, burn fat, or prevent excess carbs padding out your waistline.

Now, you may be wondering...

How can you get all five "weight loss triggers" firing on all cylinders at the same time?

The Paleo Diet is a good start.

Eating a diet consisting mostly of lean protein and good fats can be a healthy and satisfying way to eat. In fact, I follow a Paleo diet myself.

But Paleo only addresses the first two triggers: fullness and fat-burning.

There are no carb limits on Paleo. **So it isn't much use at blocking excess carbs from getting dumped into your fat cells.**

And it doesn't help with the happiness or blood sugar triggers, either.

So what about supplements?

Well, what few people realize is that...

Most weight loss supplements are little

better than short-term calorie burners

Sure, they can help you drop a few pounds. But then their fat-burning power fizzles out faster than a Fourth of July sparkler.

This is because they don't address all five of the triggers vital for easy, sustainable weight loss.

This means that after a couple of weeks, or even days, the body's "hunger" and "stress" hormones can overwhelm you with cravings... **and cause you to gain even more weight than before.**

But I wasn't about to be defeated on my mission to solve America's obesity and health crisis.

So I started researching what people eat in other cultures to sustain a healthy weight

America is the land of plenty... perhaps the land of "too much".

We're one of the fattest and sickest countries on the planet. We have one of the highest rates of obesity in the world. Heck, **even 1 in 5 of our school children is now obese!**⁷ And we have some of the worst health statistics to match.

So I decided to look at other countries and cultures across the globe. What were they doing right?

After reading through research in the prestigious Nature journal...

Pioneering studies spearheaded by the National Institutes of Health...

And eye-raising research published in the International Journal of Medical Sciences...

It didn't take long to achieve my first breakthrough.

It was that study about the African broth ingredient I mentioned at the start of this bulletin.

An ingredient that activates the "fullness" weight loss trigger...

And can help you lose as much as 28 pounds of stored fat from your thighs, stomach, and arms in record time.

In Cameroon they call it "dika nut".⁸

In Western countries we call it *Irvingia Gabonensis*, or "IG" for short. And you

can soon expect to hear a lot more about IG.

That's because based on jaw-dropping research I uncovered...

IG seeds can help you *TRIPLE* your fat loss (or more) while still eating your favorite carbs⁹

That's an incredible claim to make. I know.

It could amount to pounds of fat vanishing from your thighs, stomach, arms, and other problem areas.

From one single ingredient!

But when you understand how IG helps the body to incinerate stored fat, you'll understand why IG seeds are such a potent slimming aid.

The reason is because IG seeds are exceptional at helping to flush out junk storing fat cells lurking inside the bloodstream.¹⁰

These fat cells act as "depots" where triglycerides and other unhealthy fats are stored. And are linked to:



X Cravings for sugary, carb-heavy food



X Undigested food getting locked into cells as fat



X Increased risk of accelerated aging and health concerns

These junk fat cells are called C-reactive protein, or CRP for short. And...

CRP may be what's sabotaging your ability to gain a slim, healthy body...even if you're doing everything "right"!

If you're overweight and can't budge the numbers on the scale no matter how hard you try, CRP is likely to blame.

Why?

Because CRP hijacks the hormones that control your cravings and how hungry you feel.

Allow me to explain...

When your fat cells get full, they release a hormone that tells your brain it's time to push the plate away.¹¹

This hunger-satiety hormone is called leptin.

You may have heard of leptin before.

Leptin plays a vital role in controlling your appetite and enabling you to sustain a healthy weight as a result.

For decades leptin has been the subject of intense research into controlling overeating habits.

But time and again, researchers hit a brick wall. That's because in too many cases...

No matter how much leptin gets released, many people's brains don't get the message to STOP eating!

It's a puzzle that's long prevented effective weight loss solutions being developed. And a puzzle the scientific community feared would never be solved.

But that all changed when a team of pioneering scientists from the University of Pittsburgh made an astounding breakthrough.

They discovered that...

Leptin gets taken hostage by the "junk" CRP protein *before* it reaches the brain¹²

These Pittsburgh scientists made this discovery when they witnessed how CRP lurks in the bloodstream like a mugger waiting for its next victim.

Then when leptin passes by, CRP pounces... and latches onto the leptin, taking it hostage.

The scientists couldn't say for sure *why* CRP takes leptin hostage.

But what matters is that after CRP binds with it, the leptin molecule becomes too big to pass through the blood-brain barrier.

If leptin can't reach the brain, this means we don't get the message to stop eating...

And we keep going back to refill our plates, even when our stomach is ready to pop.

As confirmed in a study led by the Pittsburgh scientists...

“CRP directly inhibits the binding of leptin to its receptors and blocks its ability to signal.”¹³

So you see, being unable to resist an extra slice of pie, pizza, or cake isn't your fault at all.

It has NOTHING to do with a lack of willpower...

It's because CRP is stopping you from getting your appetite under control.

But it gets worse.

If CRP is stopping your brain from getting any leptin... your brain doesn't know your fat cells are full.

So your brain continues telling your body to store undigested food into your fat cells... rather than burn it as energy.

The result is a runaway train of cravings, overeating, and weight gain that can't be stopped.

The bottom line is this...

If you want to attain your dream weight, no amount of dieting or intense exercise is going to work...

Unless you start flushing junk CRP from your bloodstream.

But how can this be done?

Until recently, nobody knew of a safe, effective way of flushing out leptin-hijacking CRP.

That is, until an intrepid team of scientists in Cameroon stumbled upon...

Irvingia Gabonensis' incredible CRP-flushing powers!

As with many of the greatest scientific breakthroughs, the discovery of IG seeds' CRP-flushing powers happened by chance.

It occurred when scientists noticed how two isolated tribes in Cameroon enjoyed remarkably slim bodies and robust health.

So, as scientists do, they analyzed the lifestyle factors.
And they found that both tribes eat vast amounts of IG seeds to add flavor and thickness to the broth.

The next step was to put their theory to the test.

In a 10-week randomized, placebo-controlled study—the “gold standard” of clinical research, the scientists gave 102 otherwise-healthy overweight adults either 150 mg of IG seed extract or a placebo twice a day.¹⁴

The researchers were expecting only a mild change at best in those given the IG seed extract.

But when subjects given IG lost, on average, **a staggering 24 pounds from their hips, stomach, and other problem areas in just 10 weeks**, the researchers were astonished.

The scientists' jaws dropped even further when they discovered:

- The IG group had effortlessly lost 18.4% more body fat than those given the placebo, AND...
- Their waists were on average 6.7 inches slimmer than they'd been just 10 weeks prior!

But even those readings weren't the study's most surprising findings.

Not by a long shot.

Because the scientists verified that among the group given IG seed extract there had been...

"Significant improvements in body weight, body fat, and waist circumference as well as plasma total cholesterol, LDL cholesterol, [and] blood glucose."¹⁵

But what about CRP levels? Did they change too?

Not by 1% or 2%. Not even by 10%...



But by a whopping 52%!

This meant the subjects could enjoy feeling fuller quicker... have fewer cravings for fattening snacks... and effortlessly lose weight *without* feeling deprived or hungry!

As the study's authors concluded:

*"Irvingia gabonensis extract may prove to be a useful tool in dealing with the emerging global epidemics of obesity."*¹⁶

The Cameroon study is no fluke either.

A more recent 90-day study involving 24 adults with metabolic syndrome also verified a significant reduction in body weight and waist sizes in people using IG seeds...¹⁷

Not only that, the study showed **IG helped with balancing blood sugar and supporting healthy cholesterol and triglyceride levels**, among other critical health markers.

So you see, the science is clear...

Adding IG seed extract to your daily diet can work wonders for your ability to:



Slim down to your dream body weight



Get your health markers in check



Feel light, attractive, and respected

- **Slim down to your dream body weight**
- **Get your health markers in check**
- **Feel light, attractive, and respected**

... all without miserable hours at the gym, following complicated diets, or going "cold turkey" on your favorite foods.

And it gets better, because IG seeds are just the first of five weight loss-triggering secrets I have to share with you.

Ingredients that when combined mean for the first time in metabolic history...

- ✓ You can finally STOP feeling tired, run-down and lousy due to the extra weight you may be dragging around...
- ✓ You can enjoy plenty of energy to pick up a tennis racquet... get around the golf course with less huffing and puffing... and even outrace your grandchildren around the park...
- ✓ You can stun your doctor when you march in and ace your next check-up with healthy blood pressure and blood sugar levels, thanks to less stomach fat smothering your vital organs...
- ✓ You can feel yourself glowing with pride when you meet old friends and see the shocked look on their faces when they notice you look the slimmest, trimmest, and healthiest you have in years...
- ✓ You can bring back that spark that reignites the passion in your marriage... or the confidence to start dating again and engage in a new romance, even in your 50s, 60s and beyond, and...
- ✓ **You can know your best years are ahead of you with your renewed, healthy physique and youthful zest!**

These are ALL benefits within your grasp... even if you've struggled to drop as little as 5 or 10 pounds... don't have the time or energy to exercise... and hate tracking carbs and keeping food diaries.

This is because...

Over 127,000 women and men across America are already attaining their dream bodies...

After embracing the new approach to weight loss I've shared with you in this bulletin.

If you'd like to join them, allow me to share this second weight loss-triggering food...

It's a food that turns stores of white fat into energy bars... so you can convert fat into energy and never fear the scale again.

It's something so simple and natural—and yet incredibly powerful. In fact, research shows this...

Japanese “Slimming Seaweed” Helps Burn Off 5X More Weight—Even After Feasting on Bowlfuls of Rice and Noodles

The Japanese are famed throughout the world for their slim bodies.

And no wonder.

The people of Japan enjoy one of the lowest rates of obesity in the world. And this is despite them feasting on bowlfuls of rice and noodles at nearly every meal.

How can they eat such a carb-heavy diet and still stay slim and healthy?

Scientists have now solved that riddle.

That’s because there’s another type of food the Japanese eat in vast amounts. **It’s a food that helps them incinerate fattening carbs like a blowtorch to butter.**

A type of kelp seaweed called “Wakame”

Wakame has a sweet but distinctive flavor. And it’s widely used in Japanese soups, salads, and as a seasoning.

But what’s got scientists most excited about wakame is **a compound it contains called “fucoxanthin”**.

Wakame is harvested in the fishing town of Minamisanriku, known across Japan for its high-quality wakame “slimming seaweed”.

This is because fucoxanthin helps wakame convert sunlight into energy. And incredibly, fucoxanthin has a similar effect in humans too.



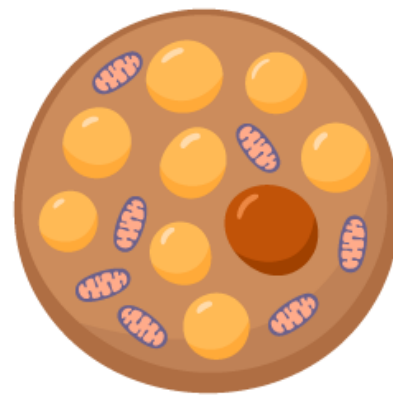
Wakame is harvested in the fishing town of Minamisanriku, known across Japan for its high-quality wakame “slimming seaweed”.

But rather than sunlight, it’s white fat that fucoxanthin turns into surges of energy

As you may know, our bodies have two types of fat:



White fat cell
Stores fat



Brown fat cell
Burns fat

X Cold, unhealthy white fat that smothers our organs and jiggles when we walk.

✓ Pockets of hot brown fat that incinerate white fat as fuel, releasing floods of energy.

Most of the fat padding our thighs, stomach, and arms is white fat. It's white fat that impacts your triglycerides, blood sugar, and cholesterol and drains your energy.

Brown fat, on the other hand, is healthy and energizing. This is because pockets of brown fat act like fat-burning furnaces. They draw in white fat and incinerate it as fuel.¹⁸

Brown fat provides our bodies with a powerful weight loss system that's already built in

But the problem is that as we age, our stores of brown fat fade away.

This is because, like a worn out battery, our brown fat's energizing power degrades over time.

This helps explain why we find it harder to burn fat after age 50, despite cutting calories or sweating buckets on a treadmill. **We no longer have the abundance of brown fat we enjoyed in our energetic youth.**

Ever since researchers at Joslin Diabetes Center discovered the vital role brown fat plays in our metabolism, scientists have tried to find a way of

reigniting its metabolism-boosting power.¹⁹

The good news is that scientists knew where to focus their research...

A protein called UCP1 hidden inside every fat cell in our bodies

UCP1 is like the doorman of our fat cells.

It's UCP1 that tells our fat cells to open up and release stored fat to be burned as fuel.

And it's the key to unlocking the second weight loss trigger I mentioned earlier: the "fat-burning" trigger!

At the 134th Nobel Prize Symposium in Gothenburg, Sweden, the gathered scientists all nodded in agreement when UCP1 was declared a...

"new potential target... for therapeutic intervention for the treatment of obesity and related disorders."^{20,21}

This was a view backed by prestigious Ivy League scientists who, in a write-up in the *Diabetes & Metabolism Journal*, stated...

"Activation of UCP1 [triggers] energy expenditure which will have anti-obesity effects."

A mounting weight of animal studies at America's top medical research universities has also backed UCP1's benefits for weight loss and metabolic health:

"Partially reversed insulin resistance and obesity." - Baylor College of Medicine²²

"Improved insulin sensitivity, reduced liver fat, and reduced adipose tissue." - University of Cambridge²³

"20-30% increase in energy expenditure." University of California, Irvine²⁴

So you see, the benefits of activating UCP1 to trigger around-the-clock weight loss are scientifically verified and well-established.

But there's a problem.

While UCP1 is found in high amounts in our brown fat cells, which we have far fewer of as we age...

UCP1 in white fat cells is switched off... inactive... and can't burn a single calorie!

So how can it be reactivated?

For a long time, nobody knew how.

That was until Dr. Kazuo Miyashita at Hokkaido University made a startling breakthrough...

He found that fucoxanthin acts like a lightning rod for bringing UCP1 back to life²⁵

In an experiment on 200 rodents, Dr. Miyashita observed how fucoxanthin *"causes fat oxidation and conversion of energy to heat."*

In other words, **fucoxanthin reignites UCP1 so that stores of unhealthy white fat start acting like energizing brown fat.**

Dr. Miyashita presented his findings at the 232nd national meeting of the American Chemical Society. To a hushed audience, he proudly announced...

"This is the first time that a natural food component has been shown [in animal studies] to reduce fat by targeting the UCP1 protein."²⁶

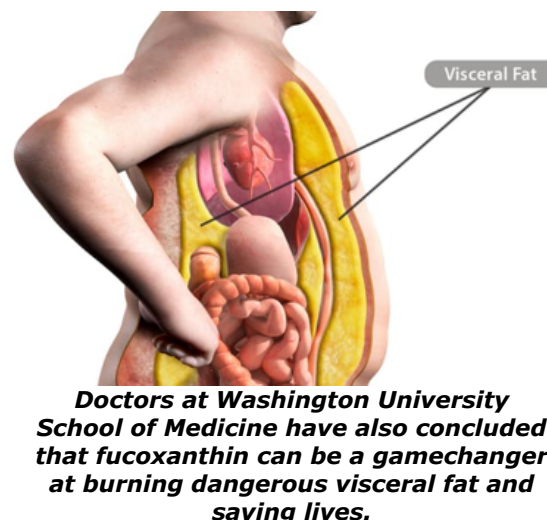
Dr. Miyashita's research sure sounds promising.

But you're likely wondering, does fucoxanthin have the same effect in humans?

It's a key question a team of Russian scientists sought to answer.

In a placebo-controlled clinical trial, 151 obese women were fed an extract of fucoxanthin and pomegranate seed oil for 16 weeks.²⁷

They made no other changes to their diet or lifestyles. For that reason, the Russian scientists expected only a minor



change.

Well, that's what happened to the placebo group. They lost a measly three pounds in four months.

But the results for the fucoxanthin group were far, far better.

They lost 15 pounds! That's *five times more weight* than the placebo group...

So if you've ever met someone who eats like a king, but still stays rail-thin... now you know a key reason why.

It's not because they have more willpower than you.

It's because their UCP1 proteins are working overtime to burn stored fat as fuel.

Now that you know how the UCP1 protein works... and how its benefits have been confirmed by double-blind clinical studies and prestigious research Universities...

You may be wondering how much wakame you'd need to eat to get enough fucoxanthin to work its body-slimming magic?

Am I right?

Well, while you can buy dried wakame in many food stores...

You'd need to eat 12 bowlfuls of this "slimming seaweed" to gain an optimal dose of fucoxanthin²⁸

Well, I knew nobody would want to eat THAT much seaweed each day.

So I found a way of extracting fucoxanthin from seaweed in optimal amounts. I then developed a method that combines it with the four other weight loss-triggering ingredients revealed on this page.

That means in record time you can:

- ✓ Fit into your favorite jeans and slim-fitting tops
- ✓ Enjoy more nonstop energy every single day
- ✓ Help to maintain blood sugar at a healthy balance
- ✓ Support a healthy heart and cholesterol levels



Order Now!

- ✓ Get triglycerides under control while trimming down, and...
- ✓ Feel the most confident in your appearance you have in years!

How you can accelerate your weight loss and be in beach shape in record time...

While the method I have to share with you can work wonders at turning your body into a fat-burning machine...

The best results come from combining all five weight loss-triggering foods with exercise and a healthy diet.

The good news is this doesn't have to mean living off "health food" that tastes like cardboard or sweating buckets in gym classes.

Because in a moment, I'm going to share **FREE resources you can use to implement simple lifestyle hacks and turbocharge your results.**

When you implement the steps I share, you can lose not just a few measly pounds... but achieve your dream weight far faster!

If you believe losing that much weight is wishful thinking...

Then the third weight loss trigger I'm about to reveal will help you enjoy all your favorite carbs and still drop those pounds...

It's all thanks to a "carb blocking" superfood I discovered in Italy...

Want to Slim Down While Still Enjoying Bread, Pasta, and Pizza? Then Meet the Butter Bean's Slim, Sophisticated Italian Cousin

On the sun-drenched Italian island of Sardinia, you'll find the locals eating bowls of steaming minestrone soup as an appetizer.

They love minestrone soup's hearty taste.

But they also love how minestrone soup **helps them to counter the vast amounts of fattening carbs in bread, pizza, and pasta.**

Why is minestrone soup so potent at canceling out carbs?

It's all thanks to its key ingredient: the "carb blocking" cannellini bean, or white kidney

bean as it's better known here in America.

Why do cannellini beans help block carbs?

The reason is because cannellini beans are high in a specific type of protein known as an "anti-nutrient".

And these anti-nutrients help to block an enzyme called *alpha-amylase* from turning carbs into fattening sugars.

Think of alpha-amylase as being like how baking soda turns dough into sugary muffins... and anti-nutrients as being like adding lemon juice to stop the baking soda working.

The bottom line is that...



The less alpha-amylase you have, the fewer carbs get shuttled into your fat cells²⁹

This means that when you add cannellini beans to your diet you can:

- ✓ Stop excess carbs being locked into your cells as fat
- ✓ Prevent fat gain from carb-rich foods or processed foods
- ✓ Release excess carbs from your body

So you see, cannellini beans can work wonders at giving your digestion a helping hand to process the vast amounts of carbs we eat each day.

It's been proven in studies too...

Doctors report amazing weight loss in 30 days when supplementing with white kidney bean extract

In a double-blind, placebo-controlled study published in the *International Journal of Medical Sciences*, 60 slightly overweight volunteers took 445 mg of white kidney bean extract or a placebo.³⁰

After 30 days, those taking white kidney bean extract showed "significant decreases in body fat while essentially maintaining lean body mass".

This included:

- Body weight plummeted nearly 3 kg

- Body Mass Index (BMI) dropped a whole point
- Fat mass shrank nearly 2.5 kg
- Their waists shrank a whole inch

...and this was despite eating 2,000 to 2,200 calories a day!

More importantly, as the stats show, the major weight changes were brought about by "fat loss", not simply water loss!

But before you rush off to stock up on tins of white kidney beans, there's a catch...

You can't eat white kidney beans raw. They have to be boiled for 10 minutes first.

And boiling white kidney beans turns "off" the anti-nutrients that provide their carb-blocking power.

The good news is that I found a solution!

The method I developed enables you to gain an optimal dose of white kidney bean extract without any boiling involved. I'll share it with you in just a moment.

But first, I have two more natural food ingredients to share with you that address those last two weight loss triggers. This next one will put a smile on your face while curbing those cravings for sweets and carbs...

Slim Down and Get Happy with this Sour Pumpkin

There's no reason why slimming down should leave you feeling miserable or deprived...

And it doesn't have to be, thanks to a sour-tasting pumpkin that grows in Asia.

That's because this sour pumpkin can be **a game changer at helping to activate the "happiness" trigger**... so you can slim down while maintaining a joyful, breezy mood.

Perhaps you've heard of this sour pumpkin ingredient before. It's called *Garcinia cambogia*.

In Asia, people have nibbled on Garcinia's rind to curb cravings for centuries!

The reason why they do this is no longer a mystery.

Studies have now revealed that Garcinia's rind contains high amounts of hydroxycitric acid (HCA).

HCA is thought to help support healthy amounts of the "happy hormone" serotonin.³¹ **And with adequate serotonin, people are less likely to snack or comfort-eat.**



Garcinia cambogia helps raise levels of the brain chemical serotonin, which may make you feel less hungry.

In a study, Georgetown University researchers gave 60 volunteers either a placebo or Garcinia for 8 weeks.³² They were also fed a 2,000-calorie-a-day diet and asked to walk 30 minutes a day.

The result?

Those taking Garcinia saw both their body weight and food intake plummet...

Plus, Garcinia helped them maintain their cholesterol markers and triglycerides at healthy levels.

The reason?

The scientists believed it was due to how...

Garcinia helps promote healthy serotonin and eliminate cravings for fattening snacks

Cravings are the villain that sabotages most slimming attempts.

So I went in search of one more ingredient to double-team with Garcinia to take down cravings for sugary treats.

This way you can be free to transform your body shape... boost your energy... revitalize your health... and never fear another health check-up again!

This next powerful ingredient addresses the fifth weight loss trigger: the blood sugar trigger. And it works wonders to help...

**Switch Off Sugar Cravings
Like a Light Switch**

It's never been more important to make sure you get enough of this weight loss-triggering "miracle" mineral I'm about to reveal.

That's due to one of the worst threats to your health: sugar. It's almost impossible to avoid it these days. Sauces, canned goods, and even bread now all contain sugar in crazy high amounts.

The amount of sugar in processed foods is why they're so addictive... and why so many of us struggle to maintain a slim waist.

In fact, according to Harvard research **85% of people with serious blood sugar problems are overweight or obese.**³³

So with sugar cravings the main villain for many dieters...

I searched for an ingredient that could activate the "blood sugar trigger"... and make cravings for sugary, fattening foods vanish.

And boy, did I find it!

It's called chromium picolinate, which I call the "miracle mineral".

Now while chromium may be classed as a mineral, chromium picolinate is a compound found naturally in many foods. And chromium picolinate is much better absorbed by the body.

Chromium picolinate works in tandem with insulin to help move blood sugar into the body's cells to be burned as energy.

Why is that so important? Because...

**With more blood sugar available as fuel,
your cravings for sweet, fattening treats
plummet!**

In a joint study at the University of Florida and Louisiana State University, researchers gave overweight adult women either 1 mg of chromium picolinate or a placebo a day for eight weeks.³⁴

After eight weeks, the researchers compared the results of both groups of women. And the difference they noticed was dramatic...

Those taking chromium picolinate experienced...

- **Reduced food intake:** They filled up their dinner plates less and felt less inclined to go for seconds.
- **Reduced cravings:** Their overpowering cravings for pizza, burgers, and cake had calmed to a murmur.
- **Decreased body weight:** Stubborn fat from their thighs, stomach and

arms had melted away.³⁵

Meanwhile, those women given the placebo saw little to NO difference in their hunger and some even put on weight!

Now that I've shared the fifth of my five weight loss-triggering food ingredients with you...

You may be wondering how you can start putting these weight loss-triggering foods to work... in their optimal amounts... and without spending hours of time cooking, shopping, or chopping up tons of ingredients?

Well, I've done all the work for you with my latest, cutting-edge weight loss formula. It's called...

Ultra Primal Lean

Ultra Primal Lean is the world's only supplement to give you all five of the weight loss-triggering food ingredients I just told you about in one easy-to-swallow capsule.

It is the **ONLY** weight loss formula I recommend to my patients...

And it's already helped over 127,000 people to attain and **SUSTAIN** a slim, healthy body... even after nothing else they'd tried had worked.

Order Now!

I formulated ***Ultra Primal Lean*** myself, based on years of research and use with patients. So you won't find it on Amazon, in GNC, or in any store, but on this web page only.

Ultra Primal Lean isn't just fast-acting, effective, and based on the latest science. It's also super-affordable. And on this page you can benefit from a specially discounted rate when you stock up.

As a medical doctor and qualified nutritionist, I can vouch that ***Ultra Primal Lean*** can provide the breakthroughs you crave in your weight, energy levels, health, and feeling of youthfulness.

Just as it has for these people...

Ultra Primal Lean Helped Penny Drop Two Dress Sizes!

"I had put on a few extra pounds I could not take off. I was just too busy and preoccupied with work and personal obligations to watch carefully over what I ate.

*"So I began to take one tablet of ***Ultra Primal Lean****



before each meal with a big glass of water.

"Within nine weeks, I dropped two dress sizes!"

*"**Ultra Primal Lean** is a great way to improve on your diet and exercise plans. It takes off weight rapidly, easily and safely."*

– Penny*



It Helped Arlene Slim Down, Even During the Holidays!

*"I had a favorite pair of Capri-style pants, and I could not get them on. I started taking **Ultra Primal Lean** before the holidays, so I was probably eating more than I normally do, but I noticed the effect within a few weeks."*

I slimmed down in spite of the holiday food, and I got back into my Capri pants."

– Arlene H., FL*



–Arlene H., Wellington, FL*

I've seen **Ultra Primal Lean** produce incredible results even when someone is struggling with being severely overweight, just like Dijon...

Dijon Lost a Massive 186 Pounds!

"I was 383 pounds. I sat on the couch. I watched infomercials. I wished that I was the person that was on the screen who had that amazing weight-loss story and journey, and thought, I can't do that."

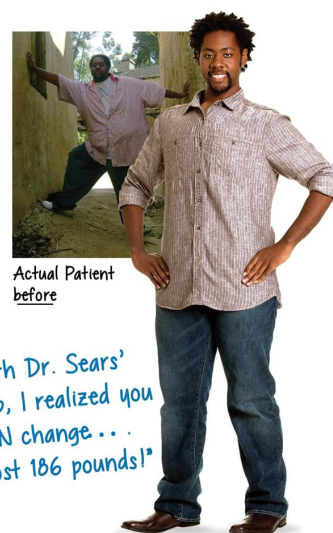
"But with Dr. Sears' help, I realized you CAN change. I lost 186 pounds! I went from a size 56 pants to size 34 pants."

"It's great to have people see me instead of my weight first. They see me for who I am."

– Dijon H., CA*

Soon YOU can be experiencing life-transforming results like these, starting just days from now.

That's because no matter what your gender or current body shape...



Actual Patient
before

*"With Dr. Sears'
help, I realized you
CAN change...
I lost 186 pounds!"*

Actual Patient after

Dijon's results!

***Ultra Primal Lean* can help you transform into a new, leaner, fitter, stronger, healthier you...**

While releasing surges of energy...

Supporting ideal blood sugar balance, healthy cholesterol and blood pressure levels, and peak heart health...

And get you feeling the most confident in your appearance you've been in years!

Partnering ***Ultra Primal Lean's*** advanced ingredient selection and life transforming results is the process that goes into making every capsule.

Formulated with the Purest Ingredients and Highest Production Standards

We want you to enjoy the peace of mind knowing that no stone was left unturned in developing ***Ultra Primal Lean***. And that every capsule provides the potency and body slimming results you yearn for and deserve.

Ultra Primal Lean is manufactured using the latest state-of-the-art technology to combine all five ingredients into one precision-developed capsule.

Each batch is then tested by an independent third-party laboratory to assure its purity and potency... **and that what's shown on the label is what's found inside every bottle.**

But that's not all. We've also made sure ***Ultra Primal Lean*** contains zero sugars, zero GMOs, and zero unwanted additives of any kind.

All you need to do is take two capsules with a cool glass of water each morning... and ***Ultra Primal Lean*** kicks into action, activating all five weight loss triggers around the clock:

#1: The fullness trigger... so you feel fuller quicker, stay feeling satisfied longer, and are less likely to overeat or snack...

#2: The fat-burning trigger... so you can lose pounds of fat from your thighs, stomach, and arms and never fear the scale again...

#3: The carb-blocking trigger... so you can continue enjoying pizza, pasta, and cake—and *still* lose weight...



Order Now!

#4: The happiness trigger... to help maintain healthy levels of the "happy" hormone so you enjoy a joyful mood and shake off stress, and...

#5: The blood sugar trigger... so cravings for sugary, fattening foods vanish while you get off the mood and weight loss "rollercoaster".

With all five weight loss triggers firing on all cylinders...

Ultra Primal Lean can help you drop pounds of fat faster than you may have ever thought possible... love how you look in the mirror... and feel the most vibrantly healthy and youthful you have in years.

Just like it's done for thousands of satisfied users, including Amanda G. from Los Angeles, California...

Amanda's Tale of the Tape!

"I've never looked this good in my life. I've lost 17 pounds of pure fat, and I've never had more energy.

*"Before I started on **Ultra Primal Lean**, my weight gain was so gradual, I didn't notice. It snuck up on me. And when I couldn't button my pants, that's when I realized, 'Oh, my gosh, what happened? I'm running around looking like someone who really let themselves go.'*

"Now, I've lost 17 pounds of pure fat and 23 inches throughout my whole entire body. I lost 4 inches around my waist... 7 inches around my hips... and 3 inches off each thigh.

*"If you want to be in the best shape you can... if you want to feel the most confident you can... **Ultra Primal Lean** is perfect for you."*

While it's likely that, just like Amanda, you'll start to notice your clothes fitting better and feeling more energized soon after you start taking **Ultra Primal Lean**, what you'll really love is its...



Actual Patient before

Actual Patient after

Amanda's results!

Fat-Melting Power that Builds Over Time

Ultra Primal Lean is like installing a fat-burning machine inside your body. A machine that may start slow...

But soon cranks up your metabolism's fat-incinerating power to a whole new level!

During the first month you may notice your energy starting to surge and productivity improving, as stores of unwanted fat get sent to your muscles to be burned up as fuel.

You may find you're snacking less... your cravings for sweets have faded... and healthy eating habits become easier to sustain.

Perhaps your clothes start to feel a little looser. And you drop a few pounds on the scale.

But it's after three months that *Ultra Primal Lean's* fat-burning power really starts cooking!

After just three months you can expect to see pounds of fat vanishing from your thighs, stomach, arms and from all over your body.

Your clothes may even feel so loose that it's time to pull out those favorite, figure-hugging jeans... slim body-shaping tops... and other formerly too-tight clothing you kept "just in case".

And then there's the comments you'll get from friends and family...

People will tell you how slim and healthy you look, before begging to know your secret

Perhaps people start complimenting you on how thinner and younger your face has become...

Or you find you're now able to motor through the day's tasks, with fewer aches and a bigger skip in your step...

Or find you have buckets more energy for looking after family members, or giving back doing charity work...

Then after 6 months of consistent daily use, REAL change takes place

It's after six months that the benefits of my latest, cutting-edge *Ultra Primal Lean* formula start to peak.

Because it hasn't just helped you shed pounds of stubborn, wobbly fat to reveal the leaner, healthier body underneath...

But *Ultra Primal Lean* has given you something money can't buy:

Confidence!

With your new trimmer, healthier, stronger body you'll have the confidence to...

- Get out on the dance floor and leave Millennials in the shade with your explosive energy and sharp moves
- Say "yes" to friends who ask you to join them on a 5K walk or run... and it will be YOU leading at the front
- Wear that new bathing suit or those new board shorts at the beach or pool party... and feel your youthful swagger returning
- Get to the gym with a smile on your face and set a tempo that stuns the instructor, let alone your class buddies
- Dress up for a wedding or reunion and see people's jaws drop when you waltz in looking the slimmest, youngest, and healthiest you have in years
- Step gingerly on the scale, then feel the thrill down your spine when you watch the numbers drop, week after week
- Shock your doctor when you ace your check-up, and they beg to know your secret

So, what do you think?

How would you like life-transforming results like these to be yours?

Then all you need to do is take advantage of the special discount offer on this page... stock up on **Ultra Primal Lean** for six months... and allow my unique "5-in-1" weight loss-triggering formula to work its magic!

Stock Up and Save on a Multipack

A single bottle of **Ultra Primal Lean** is a great way to try it out. If you only need to lose a few stubborn pounds, a single bottle may be all you need.

But if you've struggled with stubborn fat on your thighs, stomach, and arms for years... **a multipack is the better option.**

This is because **it can take 3 months for Ultra Primal Lean's fat-burning power to really start cooking, and 6 months to see REAL change take place.**

That's why we offer the biggest discounts on the larger multipack sizes.

Normally Ultra Primal Lean retails for \$59.95 for a 1-month supply.

When you consider how much gaining your dream weight is worth to you... how much you could save on food bills... and how many thousands of dollars you could end up saving in healthcare costs... \$59.95 for a 1-month supply would be a very fair price.

But I've made sure you won't pay anywhere close to \$59.95 today

I want to encourage you to make **Ultra Primal Lean** a daily habit for gaining and sustaining a slim, healthy body... just like how cleaning your teeth every day helps prevent tooth decay.

So when you stock up today on the larger package sizes, you can save as much as \$121.91 immediately, and also...

Protect Yourself from Price Rises and Ingredients Becoming Scarce

The five key ingredients in **Ultra Primal Lean** are neither cheap nor easy to find.

Irvingia gabonensis' fast-rising popularity means it can be hard to source. And extracting fucoxanthin from wakame seaweed is an expensive and time-consuming process.

What's more, getting these ingredients shipped so they can be made by our U.S.-based GMP-approved manufacturer can be harder than ever these days...with rampant delays possible.

Put simply -- **there's a constant risk that ingredients may become more scarce or expensive, and our prices will rise as a result. So you'll want to stock up now!**

If you come back to this page tomorrow, or even later today, there's no guarantee we'll have stock available... or the prices will be the same as they are now.

Another reason why supplies can become scarce is because people aren't just buying **Ultra Primal Lean** for themselves.

People are also buying **Ultra Primal Lean** for their partner, their parents, and other loved ones...

While it fills me with pride to see so many people wanting to share the life-transforming benefits of **Ultra Primal Lean**... it does mean supplies can run



out without warning.

So for all the reasons mentioned above...

I recommend stocking up one of the larger multipacks so you can save the most money... protect yourself from price rises... and sustain your new slim, healthy body for longer.

Because here's the honest truth...

***Ultra Primal Lean* can only help activate all five weight loss triggers for as long as you take it**

The moment your supply of ***Ultra Primal Lean*** runs out... and you no longer have a new supply to keep all five weight loss triggers activated... all the weight you've lost may come rushing back.

I'd hate for you to finally slim down, experience your energy exploding, and your health to improve... only to then lose all your progress when your supply runs out.

Ordering a larger multipack means you can prevent that happening for longer. And you can save a considerable amount of money at the same time.

Save up to \$121.91 AND get FREE shipping with our Best Deal multipack!

To get started, I recommend selecting at least our 3-month multipack. That will give you enough ***Ultra Primal Lean*** to activate all five weight loss triggers for 90 days, you'll save \$17.97 off the single bottle price, and get free shipping (a \$26.85 value)!

But to experience ***Ultra Primal Lean*** working at its peak, order a 6-month supply. This pushes up the savings even higher and you get free shipping too. You have nothing to lose except inches from your waistline. So why not buy now?

It's easy to order ***Ultra Primal Lean***. Simply click any of the buttons on this page. This will then take you to a secure ordering screen to enter your details. Your order will then be processed using the latest internet security protocols. Before we rush it out to you.

The sooner you order ***Ultra Primal Lean*** the sooner you can start activating all five weight loss triggers and leave your weight loss struggles behind...

And start enjoying a slimmer, more energetic,

and healthier body with which to live every day to the full!

On its own, **Ultra Primal Lean** has already helped countless thousands of people across America to achieve their dream weight.

But how would you like to...

Accelerate Your Progress and Lose Even More Weight with these FREE Bonus Gifts



I'd love to say that **Ultra Primal Lean** is so powerful it can counterbalance a diet of purely fast food and platefuls of dessert.

But the reality is that the best results come from combining my world-leading weight loss formula with sensible eating and healthy lifestyle habits.

So to help you take your weight loss success to the next level, with every order of **Ultra Primal Lean** you can benefit from these FREE gifts:

■ **FREE Special Report #1: "7 Steps to High-Speed Fat Loss,"** **a \$19.95 value, yours FREE!**

Conventional diets don't work, and five out of six people who try to lose weight fail. So in this Special Report, I reveal a 7-step plan for avoiding the common pitfalls and achieving your ideal weight more easily. Here's just a glimpse of what you'll discover:

- Why you shouldn't drop calories too quickly. And what to do instead to make weight loss easier and more sustainable
- The 3 big fat lies of the weight-loss industry. And how these lies are keeping you overweight, sick and tired!
- The #1 food type for building and repairing your body... making enzymes and hormones... and triggering high-speed fat loss
- How one man gorged on 5,000 calories a day but still got in the best shape of his life. And he did it by following a technique shared in this report.
- The politically incorrect truth about eating meat. And why it was the key to our ancestors being so robust and healthy
- How my PACE Express program can put you in fat-burning mode for up to 24 hours. And it takes just 12 minutes a day!

And much more!

As you can see, this hot-off-the-press Special Report is packed with fat loss secrets to keep you slim and healthy. But there's another FREE gift I want to send you...

FREE Special Report #2: "Powerfit for Life: Rediscover Your Native Fitness," a \$34.95 value, yours FREE!

In this valuable Special Report I reveal the keys to getting lean and fit no matter your age or health condition. So you have a body able to fight fatigue, defy aging, and feel like you're getting another shot at youth.

For example...

- The shocking reason why hours on the treadmill actually weakens your heart and causes your body to build more fat
- Forget aerobics — use this secret to build a strong heart, expand your lungs and even burn fat when you're not working out
- The 10-minute breakthrough for a lean and muscular body — with energy to burn
- The secret that helps you defy the effects of aging, fight fatigue and maintain your ideal body weight
- And many more secrets for sculpting a leaner, trimmer, healthier body, yours FREE!

But that's STILL not all. I also want to send you...

■ FREE Special Report #3: "7 Steps to a More Youthful Life," a \$19.95 value, yours FREE!

We'd all love to recapture all the energy, strength and resistance to disease we enjoyed when we were young. And in this brand new Special Report, I reveal why it may be easier than you think. Here's just a sampling of what's in store for you...

- The Nobel Prize winning cellular discovery that can help you grow biologically younger — now dubbed the "*Universal Antioxidant*"
- Hidden aging accelerator to avoid. If your body is lacking this amino acid, you triple the speed at which you age. Easy to fix
- Restore telomeres to youthful lengths. Discover which Chinese herb activates the gene that helps telomeres grow, and spin the aging clock in reverse
- Regain the vision of a hawk! Find out which vegetable can help keep your eyes sharp and clear at any age
- And many more safe, easy, natural secrets to enjoy "young again" living — yours FREE!

And to make sure you'll keep up-to-date on my latest healing breakthroughs, I'll also send you...

>> A FREE subscription to my daily e-newsletter, *Doctor's House Call*

In this daily e-zine, you'll hear about my latest natural health discoveries, recommendations, and warnings such as...

- My top supplement recommendations for supporting peak blood sugar, brain health, joint flexibility, and more
- The falsehoods and lies peddled by big health companies. I help you stay better informed and one step ahead
- Which key minerals help keep your lungs, heart, and brain in tip-top shape. And which to avoid like the plague
- Little known secrets to staying slim, lean, and energized. So you can make fewer visits to the doctor's office
- Plus many more of my most powerful new health-building, age-defying secrets, yours FREE daily!

>> FREE shipping and handling, a \$10.95 value

In all, that's a total of \$92.82 in special savings and FREE Gifts.

But when you decide to invest in the six-month multipack, the benefits and savings get even BIGGER.

Because with these two extra bonuses you can potentially lose even more weight while gaining a leaner, more toned body!

Extra Bonus 1 - Paleo-Licious - 83 paleo meals you can make in 30-minutes or less - a \$34.95 value

I've been a proponent of the paleo primal diet for over two decades. I've also traveled the world and lived with the locals to learn from their food choices and paleo lifestyle.

Based on these experiences, I assembled a cookbook containing 83 of the most delicious yet easy to prepare paleo recipes from across the globe.

This includes:

- Primal Huevos Rancheros
- Greek Eggs with Spinach, Feta and Oregano
- Arugula Salad with Goat Cheese and Roasted Peppers
- Asian Salmon Salad with Ginger-Miso Dressing
- Grilled Ostrich with Wild Mushrooms and Mustard Sauce
- Bison Chili
- New Zealand Mussels with Sauvignon Blanc Broth
- Wild Halibut with Baby Bok Choy and Eggplant
- Ginger-Spice Bread

What's more, every recipe is sugar free... while still satisfying your cravings and tasting delicious!

This means this extra bonus alone can help you lose significant amounts of weight in as little as two weeks.

And to help you ensure the weight you lose is fat rather than lean muscle, I've included one more bonus with every six-month multipack...

Extra Bonus 2 - Get Lean Fast - a \$19.95 value

Get Lean Fast is a new time-efficient weight loss system I created that has worked for thousands of my patients over the past decade.

I want you to get the best results as quickly as possible. So in this guide you'll gain specific nutrition guidelines to rapidly ramp up your results with ***Ultra Primal Lean***.

- How to kick start your lean body goals and start seeing incredible results in as little as 6 days
- The 5 most important steps you can take on day one to set yourself up for maximum weight loss in minimum time
- A special tool that takes Glycemic Index planning a step further and gives you faster, better results
- 12 easy guidelines to help you build meals that are nutritious and burn fat. But miss out any of these steps and you could be back to square one
- 2 artificial sweeteners to avoid at all costs... which are linked to memory loss, rashes and even muscle pain

That's a further \$54.90 of gifts... or \$251.61 you can get FREE when you invest in the 6 bottle package.

But whatever you decide, you won't risk one cent thanks to my...

"Never Fear the Scale Again" 100% Money-Back Guarantee

I want to remove all the risk in you giving ***Ultra Primal Lean*** a try. And I never want you to have to fear facing the scale again, either.

That's why I'm making you this solemn promise...

Ultra Primal Lean works for you, or it's FREE!

That's right...you risk NOTHING in giving this breakthrough a chance to work for you.

That's because the only way for you to appreciate how fast **Ultra Primal Lean** can help you slim down more effectively than any diet... or calorie burner supplement... is to try it for yourself.

For this reason, every bottle comes with a "Never Fear the Scale Again" 100% money back guarantee.



What this means is that if **Ultra Primal Lean** doesn't activate all five weight loss triggers and help you to:

- Feel full quicker and help you lose 20 or even 30 pounds
- Activate UCP1 and burn 5x more fat
- Block carbs from being locked around your belly
- Give you a light, joyful mood while you slim down, and...
- Switch off cravings for sugary snacks

...All while helping you to attain and SUSTAIN a slimmer, more energetic and healthier body that fills you with confidence and pride...

Then you can get back every cent!

Just return the bottles, even if they're empty, within 90 days from the purchase date for a full and prompt refund. No questions asked.

Whatever you decide, all of your bonus gifts you've received are yours to keep. There will be no further cost of obligation. This way, you risk nothing.

"I Eat Less Without Constantly Being Hungry!"

Yari from Florida has to stay strong and slim for her job. She's found the secret in **Ultra Primal Lean**. She writes...

*"I'm a fitness professional, but I love to eat. **Ultra Primal Lean** helps curb my food cravings so I can eat less without constantly being hungry or thinking about food. It also helps my body burn fat more efficiently."**— **Yari, Wellington, FL***

Ready for *Ultra Primal Lean* to transform your body?

After dedicating years of my career to studying the reasons why so many dieting

attempts fail...

...and searching the four corners of the globe for the most potent weight loss triggering foods on God's green earth...

With my hand on heart, I can say that **Ultra Primal Lean** is the fastest, most effective, and complete weight loss formula money can buy.

It's the world's only supplement that activates all five weight loss triggers

And the only supplement that can enable you to wave "Goodbye" to miserable diets that leave you hungry...

Grueling workouts you loathe...

And the gnawing dread about the impact that dangerous visceral fat smothering your vital organs is having on your energy, health, and longevity.

Because with **Ultra Primal Lean** activating and firing all five weight loss triggers...

You can look forward to effortlessly losing pounds of ugly—and potentially deadly—fat from your thighs, stomach, and arms...

Gaining buckets of energy... a renewed sense of youthful vigor...

Experience your aches and pains vanishing, as you gain a slimmer frame and put less stress on your joints...

Your triglycerides, blood sugar, cholesterol, and other markers all supported at vibrantly healthy levels...

Noticing admiring looks of approval from your partner... when you meet old friends... or when just walking down the street...

And feeling more healthy, youthful, and ALIVE than you have in years!

None of this is pie-in-the-sky thinking.

It's the sort of life-transforming results my real-life patients have experienced...

As well as 127,000 more people after allowing **Ultra Primal Lean** to activate all five weight loss triggers in their body around the clock.

So the question shouldn't be "Should you try it?" but...



How Much Weight Do You Want to Lose? 20 Pounds? 30? 40? Or More?

Just think...

In a couple of months, or even just weeks from now you could be basking in the joy of seeing a trimmer, more attractive body emerging in the mirror.

After all, don't you deserve to feel light, healthy, and happy... in a body that frees you to live your best life again?

Of course you do!

So if you're ready to say "YES" to leaving behind your weight, energy, and health struggles...

"YES" to living a happier, healthier, and more active lifestyle...

And "YES" to allowing **Ultra Primal Lean** to activate all five triggers for effortless, sustainable weight loss...

Select your favorite risk-free package of **Ultra Primal Lean** right now!

I can't wait to hear and see how this breakthrough solution has transformed your weight, health, and youthful vigor...

Just as it has done for over 127,000 people and counting!

To Your Good Health,



Al Sears, MD, CNS

P.S. **Ultra Primal Lean** is the world's only supplement specially formulated to activate all 5 weight loss triggers. All you need to do is take two capsules with a glass of water each morning... and **Ultra Primal Lean** biologically primes your body for around the clock fat loss. So that in a few short weeks you can start to see fat melting from your thighs, stomach, arms and face... feel your energy surging... and experience your health improving across the board.

P.P.S. A single bottle of **Ultra Primal Lean** is a great way to try it out. But the biggest benefits and savings come from the multipacks. The six-month multipack enables you to keep all five weight loss triggers activated for longer... to sustain your slim, trim, and younger feeling body for longer... and save the most amount of money too.

Ordering the larger package size also protects you from price rises should ingredients become scarce. So it's recommended that you order now while stock is available by clicking the button below.

Every order is protected with a "Never Fear the Scale Again" 100% money-back guarantee. So there's zero risk in giving **Ultra Primal Lean** a try. And discovering how **Ultra Primal Lean** can help you gain the slimmest, most energetic, and youthful feeling body you've enjoyed in years!

BEST DEAL!

I'll get a full 6 months (6 bottles) of **Ultra Primal Lean** shipped straight to my door for only \$41.97 each, a savings of 30% per bottle, with FREE SHIPPING!

Plus I'll get 6 FREE SPECIAL REPORTS when I choose the BEST DEAL today. And a FREE subscription to Dr. Sears' daily email broadcast, **Doctor's House Call**.



ADD TO CART

GREAT DEAL!

I'll get a full [3 months](#) (3 bottles) of **Ultra Primal Lean** shipped straight to my door for only \$53.96 each, a savings of 10% per bottle, plus shipping and handling!

I'll get 4 FREE Bonus Reports when I choose the Good Deal today. And a FREE subscription to Dr. Sears' daily email broadcast, **Doctor's House Call**.

ADD TO CART

TRIAL OFFER:

I'll try [1 bottle](#) of **Ultra Primal Lean** and pay \$59.95, plus \$8.95 shipping and handling.

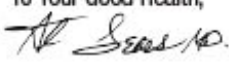
[Add to Cart](#)


My Personal 100%-Satisfaction Money-Back Guarantee


This is my personal promise to you: If you're not satisfied for any reason — or for no reason at all — just return the jar(s) and unused portion within 90 days from purchase date and you will receive a full and prompt refund of every penny you paid.

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To Your Good Health,







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