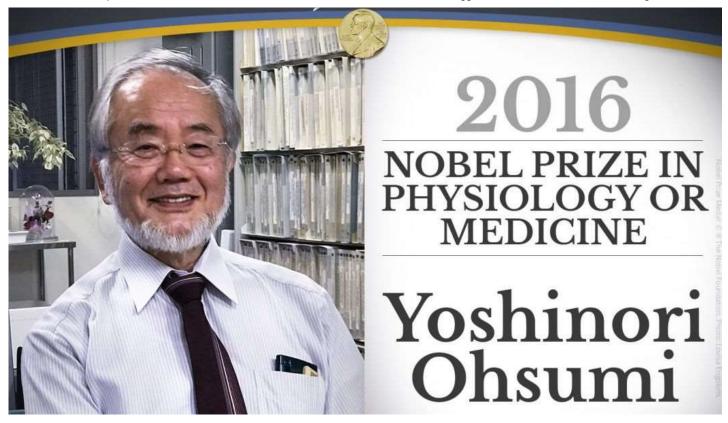


**Health News** 

# Japanese Nobel Prize Winner Discovers "Cannibal" Cells

- Feared to Be the Biggest Cause of Chronic Disease Among Boomers



Decades of groundbreaking research into yeast cells may have revealed the secret to preventing many causes of ill health and even how to delay the aging process.

Unless you brew your own beer, yeast likely isn't a hot topic of interest. Yet for the Japanese cell biologist Dr Yoshinori Ohsumi(pictured above) it's been an obsession for three decades.

His passion has now been rewarded with a Nobel prize in Medicine for his discovery of "self eating" cells. It's hoped his discovery may lead to a new generation of medications that can defuse the time bomb of chronic ill health among the Boomer generation.



>>>Video presentation reveals how a woman used a local foodstore spice to cleanse her body of toxic cancer cells after being told she had 3 months to live

## The Way our Cells Recycle Themselves Goes Haywire

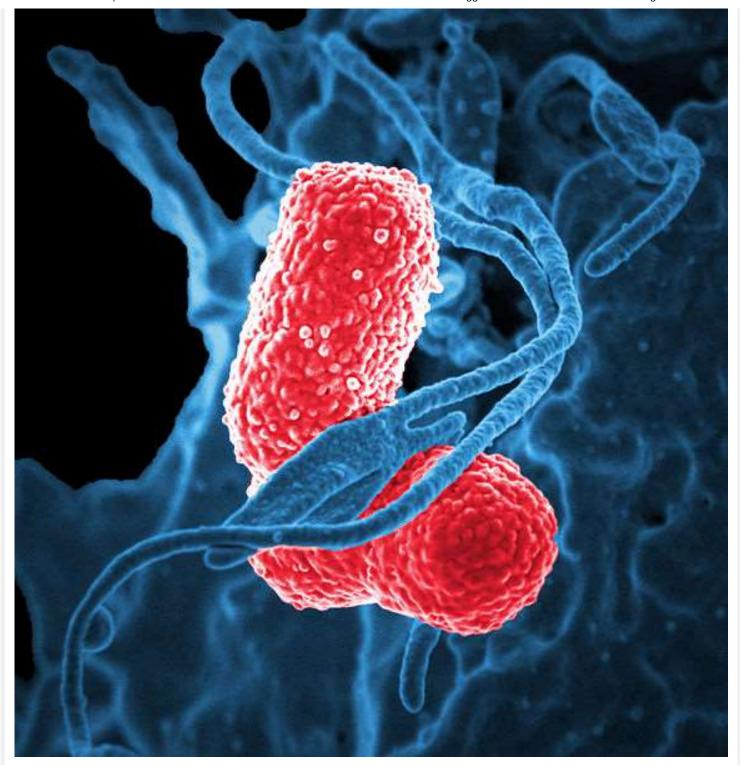
What Dr Ohsumi discovered is that yeast cells have a process for cannibalizing or recycling themselves as they decay. The good parts are stripped out and reused to make new cells while the waste parts are broken down and sealed in membranes, like garbage sacks, before being discarded as waste.

The whole process is known as "autophagy", which literally means "self eating" in Greek.

Autophagy is a vital process for our survival. It helps get rid of cells that become cancerous, it wards off infection and helps protect against conditions like diabetes and heart disease.

But what Dr Ohsumi also discovered is that due to the high level of toxins we ingest every day the autophagy system is prone to go haywire.

When it stops working properly, cells start cannibalizing each other at an accelerated rate. Healthy cells are eliminated, while decaying cells are replicated. Which then results in increased risk of infectious disease, immune disease and even cancer.



# What Happens When the Autophagy Process Stops Working

Dr Ohsumi's research revealed that if the autophagy system stops working properly it can result in:

- Premature aging
- Heart Disease
- Skeletal weakness
- Type 2 diabetes
- Cognitive decline

However, there is good news.

His research also revealed a way of encouraging the autophagy process to work more effectively. This has given other scientists a platform on which to find new and better treatments for ALL types of human diseases.



"It is super exciting that autophagy has been recognized in and of itself...this fundamental process would ultimately be shown to be so important in disease mechanisms and potential therapies." - Kay F. Macleod(pictured above), a cancer researcher at the University of Chicago

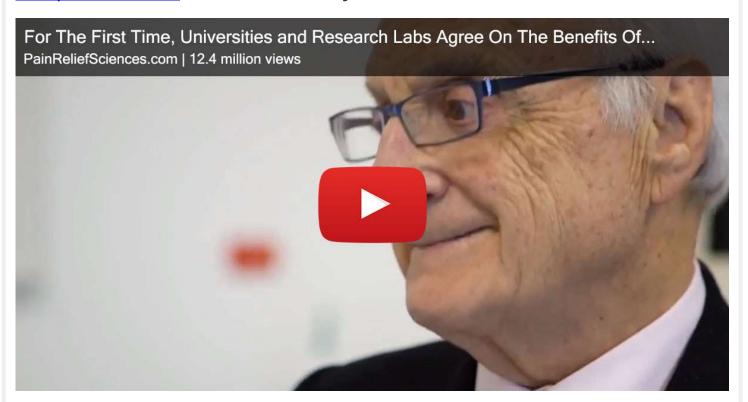
### Chronic Joint Pain Sufferer No Longer Needs To Rely On Narcotics

In a <u>special presentation</u>, health researcher Samuel Grenville reveals how Mathias Little from Kentucky managed to reactivate his autophagy system and stop relying on prescribed NSAIDs which causes dangerous side-effects.

In the presentation, Grenville also reveals:

- A little known way to flush toxic cells from your body
- How difficult to treat diseases can be purged without pharmaceutical drugs
  - A breakthrough technology that can "smart kill" cancer cells
- How detoxifying your body of unstable molecules can improve your liver, cleanse the kidneys, purify the blood, boost memory and fight depression

If you or anyone you know is over the age of 50 and wants to protect themselves from ill health as they age, make sure you watch and share this presentation with them. It may save their life.



#### References:

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- 3. https://www.theguardian.com/science/2016/oct/03/yoshinori-ohsumi-wins-nobel-prize-in-medicine

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