



## Probiotics VSL

# ...Right now, America is under attack.

But it's not from any of the threats shown on the news or you're warned about in the mainstream media.

This is a threat you can barely see.

This threat is a tiny parasite.

A parasite that right now could be feeding itself inside your stomach, and it may have already spread into your intestines.

If you find yourself craving certain foods, suffering from poor concentration, bad skin and low energy, it's possible you could already be infected.

This parasite has been allowed to spread because up until now those in power have refused to admit it exists.

This includes governments, health officials and high level executives at multinational food and beverage conglomerates.

There is a tangled web of lies and deceit keeping a lid on this dark secret that would make the headlines in every country if there wasn't so much lobbying power keeping its knowledge suppressed.

But if this parasite continues to spread, the results can be catastrophic. Luckily, you can protect yourself and your family by making one small change to your daily habits.

I'll come back to this in a minute.

But it's not all doom and gloom.

There is hope.

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Some governments are finally admitting that it exists. Steps are being taken to halt its spread.

But the spreading of awareness is slow. For many people, it may already be too late.

My name is Anthony Green/Roy Benedict,

I'm the Director of Operations at XXX.

My team of doctors, nutritionists and dieticians have been battling to find a cure for this parasite the last two years.

We know about it because we are on the frontline in combating this threat.

We've seen firsthand what damage it can do.

The problem is that it takes over your mind and body so gradually that it's almost impossible to know that you have it.

In a few minutes, I'm going to reveal an easy way of self diagnosing whether you are infected by this parasite and how to cure yourself before it can cause lasting harm to your health.

I'll also explain why its spread is actually the government's fault, and why they are only now taking limited steps to combat it before it becomes an epidemic.

Before I say any more on this subject, I should warn you that the information in this video will challenge many things you may have taken for granted.

Things you may do every day but that are putting you at risk.

The reason is because this parasite comes from the very source you always thought was carefully controlled and safe, and that is your food supply.

In the upcoming few minutes, I'm going to explain and expose how giant food corporations and famous food brands you see on supermarket shelves use highly dubious and, some might say, unethical practices to keep you hooked on their products.

This includes intense lobbying of government officials, which is little better than legalized bribery, and spending hundreds of millions on false advertising to cover their tracks.

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But my colleagues and I at XXX have had enough. It's time for the entire nutritional health community to pull our heads out of the sand and demand action.

It's for this reason that I have invested my own company's time and money to create this presentation, which is now being shared by concerned members of the public in their millions to help spread awareness.

The information in this video will transform the food you choose to put on your plate for the rest of your life.

So I recommend putting your mobile phone in a drawer and grabbing a pen and paper because the information in this video may shock you, but it may also save your life.

If you're ready, let's begin.

To fully understand the havoc this parasite is wreaking on people's health, we need to go back to the start of the last century.

In 1900 the death rate from heart disease was 10%. Fast forward a mere 50 years and that rate had risen to a shockingly high 30% of the population.

At the time, doctors didn't understand health issues like we do now. Back then doctors were stunned why so many people were dropping dead at a much younger age.

It was when the president himself, President Eisenhower, suffered a heart attack on the 24th September 1955 that fear really started to grow at this seemingly invisible threat to the nation's health.

Had the Soviet Union somehow concocted a silent plague in their labs, as deadly as the Black Death but with no perceivable symptoms?

People were scared. Panic was gripping the nation.

This fear was felt in the markets too, with the Dow Jones plummeting nearly 7% two days after the President's heart attack, amounting to \$14 billion dollars being wiped off the market overnight.

This was worse than even during the Great Depression of the 1920s.

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President Eisenhower would not return to the Oval Office to resume his duties until November the 11th.

This meant that for six weeks the American ship was at sea without its captain.

If even the President wasn't safe, who was from this silent yet deadly danger?

With even the nation's most highly specialized doctors unable to find a solution, it was time for the scientific community to look for answers.

Up stepped the one time Harvard Professor and highly respected scientist Ancel Benjamin Keys.

He specialized in the role of diets on people's health, and was responsible for developing the ration packs that kept the U.S. Army's soldiers nourished to defeat the Nazis in World War 2.

There were few scientists better placed to discover whether America's diet was to blame for a higher rate of heart attacks than ANY other developed country.

Mr. Keys embarked on his now famous "Seven Country Study" of diets around the world.

He wanted to find the reasons why some countries had healthy hearts and others were prone to drop dead at any moment.

What his study revealed was that it was countries in the Mediterranean that had the lowest risk of dying from a heart attack.

What he discovered was that the diets of people in this region had the lowest amount of fat, whereas the people in America had the highest.

Mr Keys had discovered the secret the American public had been literally dying to know.

Eager not to waste any time, the American Heart Association immediately launched a national awareness campaign in 1956.

The invention of TV gave them a platform on which to inform the public that if they continued to eat foods laden with fat they were at risk of an early grave.

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These warnings were echoed by the government's own department of health.

People were told to abandon their favorite steaks, fried breakfasts and other fatty foods and to switch to a low-fat diet as a matter of public health.

Wishing to avoid another generation being lost to the ravages of heart failure, educational pamphlets were even distributed in schools.

Once this advice was made public, the nation's health officials, scientists and doctors all breathed a sigh of relief.

They believed their work was done and America's epidemic of heart attacks was ended.

Mr Keys was, once again, hailed as a hero for saving the nation from catastrophe.

Such was his accomplishment, he even made the cover of Time Magazine.

The case had been proven and argument won - switching to a low-fat diet was the definitive way to avoid an early death from a heart attack.

But there was a problem.

Not everyone was happy with America's healthier food habits.

The big food corporations were furious.

They'd spent the previous half a century getting rich on America's love of fatty foods.

Fat had been a low cost yet effective way of making cheaply produced foodstuffs more palatable.

It gave food a richer taste, smell and texture, and made turgid dishes more delicious.

And so the food companies faced a problem: they could remove the fat to protect the nation's health but then watch their profits plummet.

Nobody would touch their processed, preservative packed artificial food without the flavor.

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And so the food conglomerates did what any business would do to protect its profits from market changes, and that's to adapt to what its customers wanted.

A mad scramble began to discover a way of making food they could label 'Low Fat' yet still taste good.

Yet again, the nation's food scientists were in high demand. But this time with the food companies.

Vast sums of money were invested, long nights were spent in the lab and there were endless failed experiments. But eventually their eureka moment came.

It is not known exactly which food scientist or food company made this fateful discovery. But it is a discovery that's created huge reverberations we continue to feel to this day in the worst way possible.

Because what those scientists did was to discover a way of flavoring food that wasn't just low in fat but was ADDICTIVE!

The substance they discovered is something still found in many if not the majority of foods you may eat on a daily basis. This substance is refined sugar.

It's difficult to know whether the food industry realised the repercussions of what they'd done, or whether they were blinded by money.

Did they realise just how dangerous putting refined sugar in food could be?

Many experts at the time would say that they not only knew that it was addictive but *actually* celebrated the fact.

A study by Dr. Robert Lustig of the University Of California in 2012 concluded that sugar is as addictive as cocaine, due to the dopamine rush it creates in the brain.

Brain scans have even shown that our brain's pleasure areas light up when eating sugar in the same way as they do when taking cocaine or heroin.

But even in the 1950s, food scientists would have known what they were messing around with.

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Studies as far back as 1808 had proven that sugar is dangerously addictive and could actually be TOXIC.

Just like today, the food industry used its vast wealth to suppress these studies and to buy influence so it could push their products on the public.

It was why the Committee of West India, one of the world's biggest sugar companies, offered British farmers 25 guineas, about \$1000 in today's money, to start feeding sugar to their livestock.

Normal animal feed was expensive. Sugar was cheap. And so farmers flocked to try out this new animal food and get paid handsomely for it.

But as you may have guessed, the experiments were a DISASTER. Many actually resulted in the DEATH of livestock.

Perhaps the most tragic case is that of the well-known French physiologist, F. Magendie. In 1816 he went as far as experimenting on his OWN dogs.

He fed one group a mixture of water, sugar and olive oil and the others just water. Not only did the dogs fed the sugar laced solution die but died much faster than those fed only water.

This fatal experiment showed that sugar not only had NO nutritional value... but it was actually DAMAGING to health!

You would think that would be the end of the attempts to crowbar sugar into our food supply. But the food companies were only getting started.

And when the war on fat arrived in the 1950s, they got the opportunity they'd been waiting for.

Once it was discovered that refined sugar could be the cheap, tasty alternative to fat, the food companies were eager to hasten the transition.

But for their plan to succeed, they knew they would have to stifle criticism wherever it appeared.

Can it be a coincidence that in 1957 the highly respected nutritionist Professor E.V. McCollum published a book entitled "A History Of Nutrition"?

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A book that unashamedly denounced every experiment that found sugar to be a health risk since the 1800s and declared them all to be flawed!

Now, a book on nutrition isn't often a big seller. You wouldn't expect it to make the reviews column of a newspaper or be a hot topic of conversation.

But Professor McCollum's book was released with the fanfare you'd expect of the latest John Grisham thriller.

How was it possible for a non-fiction writer to gain such a high powered publicity machine for a book, which otherwise, would be of little interest to the average American?

The inside cover gives us a clue, as it reveals that the book was published by "The Nutrition Foundation, Incorporated".

And who do you think The Nutrition Foundation was setup by?

As you may have guessed, this was a company created by not one but a conglomerate of 44 food companies and sugar refineries.

Did their diabolical scheme to convince the American public that sugar was safe to eat work?

You bet it did!

Processed food loaded with refined sugar sold like absolute hotcakes.

The food companies couldn't believe their luck. All they'd done was replace fat with refined sugar, slapped a 'Low Fat' label on the box and sales skyrocketed.

All the fears over the addictive nature of sugar were well placed too, as people couldn't get enough of sugar loaded processed foods.

Knowing they were onto a good thing, the food conglomerates added sugar to everything, from yogurt to bread to hot dogs and many other foods you may never have dreamed of.

It was clear to health experts that something had to be done. Attempts were made to halt the approaching catastrophe from such vast quantities of refined sugar.

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The Fair Packaging and Labeling Act in 1965 sought to force food companies to reveal just how much sugar was in their food.

But the food companies simply got creative.

The word ‘sugar’ was simply replaced with a variety of ambiguous and confusing sounding names, like sucrose, malt syrup, dextrose, agave nectar, molasses.

However, what the food companies couldn’t hide were the changes to people’s bodies.

People were visibly getting fatter, and diabetes was on the rise.

People became suspicious, and sales of processed foods high in sugar began to slow.

But the food companies were ready.

They knew that the health risks of sugar would inevitably lead to a backlash. They weren’t about to give up so easily on the one billion dollar ‘diet food’ industry.

So again they called in the food scientists.

Sugar was out and, in its place, artificial sweeteners were in.

But yet again, the food companies would need to find a way of clouding the harmful effects of their newly tweaked products.

One sweetener, Cyclamate, had already been banned after it was found to cause tumors in animals.

But this small detail didn’t put off G.D. Searle, one of the developers behind one of the most infamous sweeteners of all time - Aspartame.

Also sold under the names of Equal or NutraSweet, Aspartame was promoted to the FDA as being safe based on 100 studies, all paid for by you guessed who - G.D. Searle.

The beauty of financing your own studies is you can decide which findings to share and which to keep private.

It’s no mystery why every independent study found Aspartame to be harmful to humans, yet those funded by Searle passed it with flying colors.

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But the FDA wasn't about to be tricked so easily into approving a substance with such potentially lethal effects on the nation's health.

So in an unprecedented move, the FDA actually sought to prosecute Searle for its false reporting of Aspartame's safety, and a criminal investigation was launched.

Even in their worst nightmares, the FDA could not have imagined just how Searle had gone to hide the truth.

The FDA's investigators walked into a lab filled with dead animals that hadn't been properly examined for many months, or even years, after Aspartame had taken its toll.

This was not done from laziness but intentionally. Delaying these examinations meant that any tumors would have rotted and wouldn't have to be reported.

Even worse, was that there were carcasses of dead animals with tumors clumsily removed and the remains marked as normal.

Upon these gruesome discoveries, the approval of Aspartame died a death in a far more humane way than that of its test subject.

But the story of G.D. Searle didn't end there.

It did what many of today's most crooked corporates continue to do, and that was to buy the services of the very same U.S. Attorney, Samuel Skinner, who was leading the investigation into its nefarious practices.

After promptly quitting the U.S. Attorney's office, and putting the entire investigation into disarray, Skinner joined Searle to help protect it from any criminal prosecutions.

You may never have heard of Samuel Skinner before, but there's another employee of Searle you will have heard of and that's our very own previous Secretary of Defense Donald Rumsfeld.

Rumsfeld became their CEO, after joining along with several other members of his political cabal, and vowed to get Aspartame approved and into the food supply.

Conveniently for Searle, Rumsfeld happened to be on Ronald Reagan's staff.

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More convenient still was that Reagan got to choose who the new FDA Commissioner would be. And the man chosen was Arthur Hayes Jr.

Predictably, one of Hayes first acts was to select a panel to review why Aspartame was rejected.

But despite selecting the panel personally, 3 out of the 5 panelists still wouldn't approve Aspartame because of the grisly evidence on its damaging effects.

Keen not to disappoint his handlers, Hayes took desperate measures to push the vote in his favor.

He appointed another panelist of his choosing and gained a 3 vs 3 tie. Then, to finally tip the scales, he added himself to the panel and cast the deciding vote to approve for human consumption a substance that caused tumors in animals.

With his task completed, Hayes promptly quit as FDA Commissioner to also join Searle's payroll.

It is a wonder this tale was never made into a Hollywood movie, with as many underhand dealings and devious ploys as you'd find in any political blockbuster.

But unfortunately, the legalization of Aspartame isn't a work of fiction. It's all too real.

It's what enabled one soda company to sell a diet version of its drink as a weight loss aid. It has also fueled the creation of innumerable foods and drinks that continue to wreak havoc on people's health.

But even back then, the dangers of sweeteners like Aspartame were beginning to emerge.

Within the first year of it being legalized, people all over the country started to experience dizzy spells, headaches and other unpleasant symptoms.

Most had no idea what was causing it. But 600 were smart enough to recognize it was their food and complained to the FDA.

But by then it was already too late. The genie was out of the bottle and it wasn't going back in without a fight.

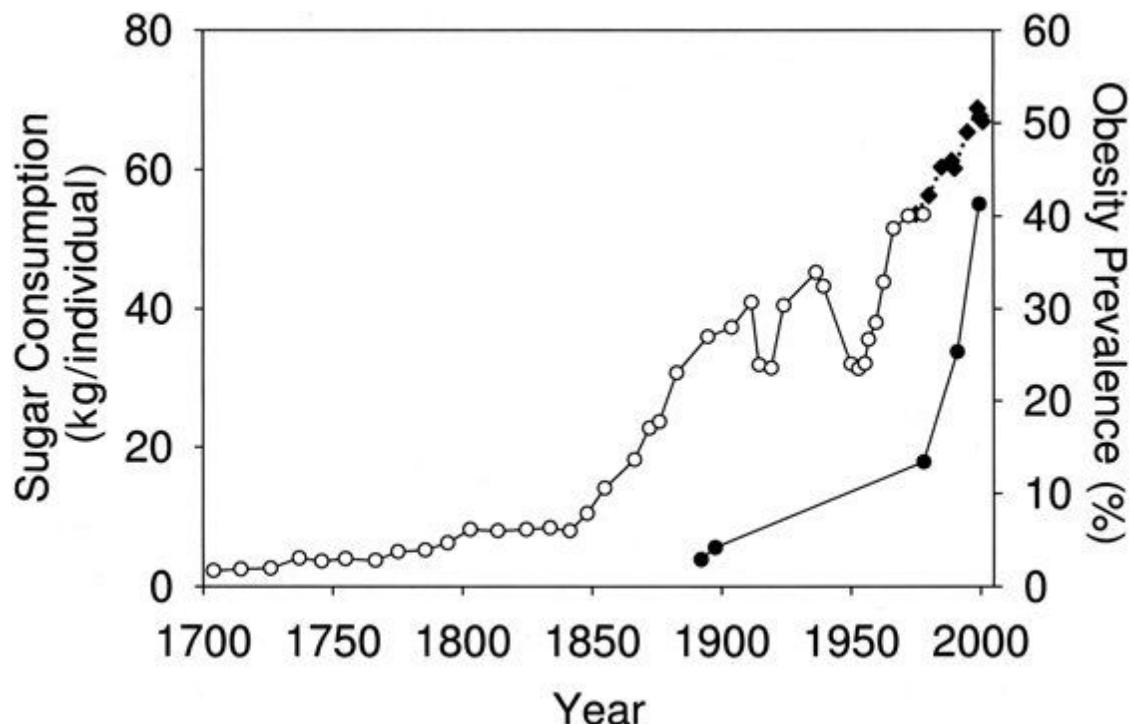
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In the 30 years since Aspartame was approved, our food chain has become awash with all manner of sweeteners, refined sugars, preservatives, and weird sounding yet potentially toxic ingredients.

It's got to the point where even your doctor wouldn't be able to tell you what's in your dinner plate from reading the average label of a packet of processed food.

Just look at this graph, which shows how our sugar intake and obesity levels have exploded to unimaginable levels over the last century.



Source: Johnson RJ, et al. Potential role of sugar (fructose) in the epidemic of hypertension, obesity and the metabolic syndrome, diabetes, kidney disease, and cardiovascular disease. *The American Journal of Clinical Nutrition*, 2007.

I know this all sounds like doom and gloom. That the battle is already lost against food companies with such vast wealth and political connections that go straight to the White House.

But there is a rising tide of hope among myself and many other nutritionists.

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Governments all over the world have started to realise the dangers we face if we do nothing. If steps aren't taken NOW, the cost to our global healthcare systems could bankrupt the planet.

And so the fightback has begun.

Doctors and healthcare professionals have been campaigning fiercely to get the problem recognized, and many political leaders are now responding.

This includes Michael Bloomberg, the mayor of New York City, who in September 2012 banned regular and diet sodas over 16 ounces. But this was swiftly overturned after the soda companies sued saying it illegally interfered with consumers' choices.

Bloomberg's alarm was shared by Holland's head of public health, Paul van der Velpen, who declared that sugar was "an addictive drug that should be tightly regulated."

In Mexico steps have even been taken to implement a sugar tax to prevent a public health epidemic.

Their call for action is being joined by other leaders and health professionals all over the world.

But is it already too late?

Let's stop for a second and consider what corn syrup, glucose and sugar in all its forms does to your body when you eat it.

Have you ever wondered what is the reason why more people are suffering from diabetes, obesity and other sugar related health issues at shocking levels?

The answer is truly terrifying.

It is why doctors are warning that America is in danger from the widest and deepest health hazard since polio or HIV.

In fact, biologists at Rice University fear that more than 2 in 3 people could already be affected.

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What is this terrifying danger that's sweeping the nation?

It is a threat that has arisen as a direct consequence of the damage done to our food system by the food conglomerates' greed.

It is the exact same threat I referred to at the start of this presentation, a microscopic menace that may already be growing inside your body and gorging itself on the contents of your stomach and small intestine.

Its existence is now no longer a secret.

It even has a name.

It's called Candida.

If you're wondering what exactly Candida is, it's classified as a type of yeast or fungi.

The thing is that Candida didn't originate in some far away country and somehow found its way over here, because it's always been inside you.

In fact, Candida is just one of over 25 trillion bacteria that live in your body.

Normally, there's a healthy balance of good and bad bacteria that regulates bodily functions, decomposes waste and keeps highly complex biological processes running smoothly.

As the National Center for Complementary and Alternative Medicine states:

"Friendly bacteria are vital to proper development of the immune system, to protect against microorganisms that could cause disease, and to the digestion and absorption of food and nutrients."

So you see, having good bacteria in your digestive system is essential for the healthy function of nearly every bodily function.

Normally the balance in your gut is 80% good bacteria and 20% bad.

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The problem is that the natural balance has been upset, and Candida is starting to take over. This is very bad news for our health

As Elaine Ferguson, MD explains in her book 'Super Healing':

"Gut health is an important aspect of the immune system, where invading microorganisms are destroyed. If the population of microorganisms that live in your gut becomes unbalanced, or your immune response is under active, you will respond as though you were being poisoned and your health can really suffer."

And this is no idle claim.

According to the National Institute of Diabetes and Digestive and Kidney Diseases, up to 70 million Americans may already be suffering from digestive diseases due to deteriorating gut health.

This is corroborated by the National Center for Health Statistics, which estimated that nearly 42 million Americans consulted physicians for digestive system disorders in 2005 and 6.9 million were diagnosed with ulcers.

Why is this happening?

Why are people suffering and dying because of what's happening in their digestive tract?

All the signs point towards Candida.

It is Candida that has been feasting itself and occupying more and more space in our digestive tract over the last 30 years.

Because there is no food that Candida likes to feast on more than sugar.

This includes sugar in all its forms, including artificial sweeteners and corn syrup. The very substances we've been gorging ourselves on at unprecedented levels for the last 3 decades!

Have you ever seen what happens when you add sugar to yeast in a petri dish? Did you notice how the yeast seems to suddenly grow at a rapid pace?

This is what could be taking place in your stomach right now, with the bad bacteria rapidly replacing and outnumbering the good bacteria.

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Not a pleasant thought is it?

But it gets worse.

Because the spread of Candida could also be making us fat.

A clinical trial, the San Antonio Heart Study, which followed nearly 4000 patients over eight years, found that those who regularly ate food containing artificial sweeteners were twice as likely to become obese.

Overall their body mass index was an astounding 47% greater than those who avoided processed food.

And it's not just weight gain you need to worry about.

Because as Candida grows and spreads to other parts of your body, more problems occur.

At a mild level this might be bloating and gas, constipation and IBS. You may also have problems sleeping at night, your skin starts to suffer and you may even develop a fungal infection and put on weight.

If any of the symptoms mentioned sound familiar, a Candida infestation could be the cause.

Did you take any antibiotics for these symptoms? If so, this could have made your condition worse because, rather than destroying it, antibiotics actually make it grow even faster.

Why? Because antibiotics kill off all the good bacteria that might otherwise keep Candida in check.

"Antibiotics can decimate life as we know it in the gut," says Patricia Raymond, MD, a gastroenterologist in Norfolk, Virginia. "It's like setting off an atomic bomb in the intestines."

Consumption of sugar in our diet is now so high that doctors estimate that 4 out 5 people suffers from excessive levels of Candida infestation.

Dr. David Perlmutter, in his New York Times bestseller, 'Grain Brain' stated that:

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"those of us who deal with this health condition in a clinical setting are witnessing what now seems almost epidemic."

So why is Candida so dangerous to your health? The reason is because of where it is predominantly found in your digestive system.

This is your body's engine room, where food is processed and your natural defenses are maintained. When it is weakened, your entire health system is put in jeopardy.

As Ancient Greek Dr Hippocrates, the father of medicine, said, "All diseases begin in the gut."

But weaken your digestive system is exactly what Candida does, and it can make you get sick as a result.

In his book "The Blood Sugar Solution", best selling author Dr Mark Hyman listed the symptoms that result from high levels of Candida. This includes:

- Chronic lack of energy
- General apathy
- Lower sex drive
- Sensitivity to foods, chemicals, or other allergens
- Eczema
- Skin rashes
- IBS
- Fungal feet infections

- Bloating and wind
- Stomach cramps
- Diarrhea
- Yeast and bladder infections
- General bladder irritability

Hormonal Complaints

- Menstrual irregularities like pain or bleeding

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- Premenstrual syndrome
  - Thyroid dysfunction

#### Nervous System Complaints

- Irritability
- Low moods
- Poor concentration



If this long list of unpleasant symptoms sounds bad enough, I have yet more bad news for you, because Candida actually makes you CRAVE the foods that make it grow.

Like some sort of alien parasite that's using your body as a host, Candida takes over your taste buds and your hormones so you start desiring the foods that will make it bigger and stronger.

Once it has its grip on you, it won't let go, making you crave soda drinks, pasta and pizza, doughy breads and a larger slice of cake for dessert.

If you find that your cravings for these things just seem to grow no matter how much you eat, you now know the reason why: Candida.

It's not because you're greedy, naturally unhealthy or genetics, it's the prevalence of bad bacteria in your stomach that's controlling your cravings.

It's the bad bacteria that's making you eat all the wrong foods that are making you fat, unhealthy and unhappy.

In fact, the latest studies are even revealing that it's Candida that is the root cause of the rapid growth in obesity across the nation.

In her book "The Yeast Connection and Women's Health", Dr. Carolyn Dean, M.D., N.D., wrote that:

"Most women don't have even an inkling that their symptoms could be caused by yeast overgrowth in their bodies. The number of women suffering in silence, not even knowing

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what is really wrong – and blaming themselves for failing – is, I believe, literally numbered in the millions. Millions of women who can't lose weight and have no idea why!"

Men face the exact same problem.

They can't lose weight no matter what diet or brutal exercise routine they try because they can't silence the cravings that make them want to eat more and more food,

But as with any problem, there is a solution.

If you are able to get your Candida levels under control, you reduce the influence it has over what you eat.

As levels of Candida reduce, it helps the weight gain to go into reverse.

So how can this be achieved? How can your levels of Candida be reduced and their effect on your weight minimized?

In other words, how can you regain the healthy 80/20 balance of good and bad bacteria necessary for your body's natural health?

One way is to go cold turkey and cut out all your favorite carb rich and sugary foods. To cut out all the pizza, pasta, breads, sodas and processed food loaded with sugars, sweeteners and other artificial ingredients that your Candida craves but makes you fat and unhealthy.

Instead, you switch to eating only WHOLE foods. These are natural foods comprising of just one ingredient, like fruit, vegetables and meat.

But this alone isn't going to get your stomach's bacteria in balance.

You also need to be adding foods to your diet that contain good bacteria.

These are known as probiotics.

The World Health Organization's definition for probiotics is that they are "live microorganisms which, when administered in adequate amounts, confer a health benefit on the host."

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Probiotics are super powered healthy, good bacteria. When you put these in your body they immediately go to work forming colonies and pushing back the advances of any bad bacteria, like Candida.\*

Probiotics were first discovered by a Nobel Prize winning physiologist called Elie Metchnikoff in 1908.

He discovered that people in Bulgaria had among the longest life spans in the world.

He deduced that it was because of their diet and the large quantities of yogurt they ate.

Metchnikoff then did an analysis and discovered that their yoghurt contained a high concentration of powerful, health boosting probiotics.

Metchnikoff even named a probiotic strain Llactobacillus bulgaricus in their honor.

So based on this research, you'd think that all you need to do is eat a few pots of yogurt a day to gain the same health benefits as the Bulgarians, right? Wrong!

It seems no food is safe from the meddling of the processed food industry, because the average pot of supermarket yogurt contains nowhere near the amount of good probiotics it once did.

The reason is because the probiotics in yogurt are killed off by the pasteurization process. Even worse is that today's yogurts are loaded with sugar, and the ones marked 'diet' are the worst of the bunch.

You could eat 5 or 6 yogurts a day and still experience very little improvement in your health.

However, there are some foods packed with probiotics that have escaped the processed food industry's notice.

This includes olives, kefirs, sauerkraut and fermented vegetables.

So if you want to reduce your cravings for fatty foods and improve your overall health all you need to do is eat sauerkraut and kefirs every day.

If only life were that simple!

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Let's be honest here.

Living off only a few simple foods is going to be nearly IMPOSSIBLE.

How are you supposed to go through life never eating at restaurants, never eating at a friend's place and never eating your favorite foods ever again!

Nutritionists like me might have found the solution to ending food cravings, but we'll never find a way of dulling taste buds. And neither would we want to.

Luckily, what we *have* done is found a way to pack your digestive tract with good, healthy probiotics without having to sacrifice your taste buds.

Because, after decades of research and testing, scientists have been able to put living bacteria into a pill.

This means you can now get the vital intake of probiotics your digestive system urgently needs to slow the spread of Candida in pill form.\*

Just take a couple of these pills a day and you can help counter the negative effects of the bad foods you eat by helping to increase the amount of good bacteria in your body to the correct 80/20 ratio.\*

Once you start taking these probiotics, the transformation your body undergoes can be truly amazing.

Probiotics help to support a rise in your energy, they can help you feel more awake and encourage an increase in your daily activity. They can also help your focus and concentration to improve.

You may actually feel as though you're getting smarter, that your productivity is increasing and you may even get bursts of creativity you've never experienced before.\*

You'll also find that any caffeine dependence you had begins to recede as your body can now get everything it needs from your food.\*

Dr Allan Walke, The Professor of Nutrition and Pediatrics at Harvard Medical School, said

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“Evidence from clinical research demonstrates that adding ‘good’ bacteria to the diet promotes a healthy digestive and immune system. *This makes your disease fighting abilities stronger so you get sick less often.*”

Dr Walker also hailed probiotics as “one of the hottest areas of research in the world today.”

Dr. Michael F. Roizen, NY Times Bestselling Author & Chief Wellness officer, the Cleveland clinic, said

“Taking probiotics is a habit that can really benefit the digestive system, which is intricately connected to our overall health.”

Dr Roizen also said:

“Why take probiotics? The good bacteria in them do more than keep your digestive tract peaceful. Probiotics also counteract antibiotics (which can send your stomach on a Ferris wheel ride; fight inflammation, urinary tract infections and ulcers; ease allergies; and even deter weight gain.”

The benefits of probiotics in improving your health and reducing the risk of getting sick have also been proven in countless studies.

In 2001 in Helsinki, Finland, one set of children was given milk containing probiotics and the other group just milk. The group that drank the probiotic milk were found to have a 17% lower chance of getting a lung infection and a 16% lower chance of having days off school sick.

Another study by Gregory J Layer PhD, published by the American Academy of Pediatrics, found that probiotics help to reduce instances and durations of fever in children aged three to five years old.

Shekhar Challa M.D., president of Kansas Medical Clinic says in her book *Probiotics for Dummies*:

“Probiotics are the new vitamins. While many people can benefit from probiotics for general health and wellbeing, they especially help those with immune problems, digestive problems or yeast infections.”

And Meagan McCusker, a University of Connecticut dermatologist says, “Probiotics can impact just about everything in the body. They really can’t and shouldn’t be overlooked when it comes to overall health maintenance.”

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Perhaps the biggest change you'll notice from taking a probiotic is how the weight starts to drop off from digesting food better. No longer does fat get stored in all the problem areas, like under your arms, on your legs and stomach. Instead you're able to lose weight without Candida clogging up your gut and reducing your fat burning metabolism.\*

As the growth in healthy bacteria increases and Candida recedes, you may find that your cravings for sugar, carbs and unhealthy foods begin to recede.\*

Instead, you'll desire healthy whole foods. Foods that are actually healthy and you can eat without having to run a marathon afterwards to burn them off.

According to a study by Scientists at the Alimentary Pharmabiotic Centre at UCC in June 2012, bacteria in your gut also affects the release of serotonin, the happy hormone.

They found that serotonin levels can be affected if your digestive tract becomes clogged up with yeast as it can slow down your serotonin production. This then leads to the onset of anxiety, anger, depression and even feelings of loneliness.

So when your gut isn't processing food properly, due to excessive levels of Candida, it can affect your mood as well as your weight gain.

As David Perlmutter, MD, says in his book 'Grain Brain':

"Probiotics play a role in producing, absorbing, and transporting neurochemicals such as serotonin, dopamine, and nerve growth factor, which are essential for healthy brain and nerve function."

This was echoed by a study on probiotics conducted by the Institute for Psychological Research at Leiden University, which found that:

"These results provide the first evidence that the intake of probiotics may help reduce negative thoughts associated with sad mood. Probiotics supplementation warrants further research as a potential preventive strategy for depression."\*

The effect of probiotics on personal happiness were showcased spectacularly in a study of mothers who breastfed. It was found that the babies of mothers who took a daily probiotic cried for 194 minutes less than the other babies.

What's even more amazing is that the study was repeated in 2010 with nearly exactly the same outcome!

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When one study delivers such a clear result on the benefits of a product it's exciting. When you have two reporting the exact same findings you know you've discovered something truly extraordinary.

The two studies reinforced why probiotics are being hailed by health professionals all over the world as one of the biggest ever discoveries for improving overall health physical and mental health.

When you consider all the benefits, including weight loss support, enhanced cognitive function and improved mood, it's no wonder that studies at Harvard Medical School and John Hopkins University have led to many doctors now saying that getting the correct amount daily is more important than taking a multivitamin.

After all, when your gut is working as it should, your body gets all the vitamins it needs from food anyway.

So the evidence is clear - probiotics have the potential to revolutionize our entire approach to personal health.

But all probiotics are created equal. As always with new discoveries, a lot of unscrupulous companies have rushed to cash in on the new wonder treatment. Companies that have little concern for their customers, and sell cheaply made junk that's so watered down that it barely has any beneficial contents left.

This is why my company, XXX, decided to step in.

We have dedicated two years of our lives to analyzing nearly 300 clinical trials and studies of probiotics to find the best ones.

We included only studies by the most respected and esteemed research teams. This includes The National Candida Center, The Johns Hopkins University School of Medicine, The American Society For Microbiology and Harvard Medical School,

We were on a mission to identify how to create the most efficacious and life transforming Probiotic possible.

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We wanted to create a probiotic so powerful that not only would it annihilate any excessive amounts of Candida but also strengthen the good bacteria to such a degree that Candida is forever kept at a safe level.

So after spending countless hours studying the data, we were able to identify 721 different probiotic strains that could be combined to create the ultimate probiotic.

We also gave it a name:

XXX

If you've done any research into digestive health, you may have already heard of our solution.

It's now been available for several months and has helped people all over the world, numbering in their thousands, to reverse the damage done by Candida and to regain control of their food cravings and weight.

"Get your probiotics through a supplement that offers a variety of strains (at least 10), including Lactobacillus acidophilus and Bifidobacterium, and contains at least 10 billion

XXX is such a supplement. However, our probiotic solution contains 7not just 10 but 14 of the most transformative types of good bacteria strains that can dramatically improve all manner of bodily functions.

What's more, XXX contains much more than the recommended 10 billion active bacteria per capsule.

We wanted to create a probiotic that can bring balance to your gut health in even the most extreme cases of Candida overgrowth.\* So XXX contains more than three times the recommended amount of active bacteria, with over 5.75 36 billion active bacteria in every capsule.

But is XXX effective?

I'll let one of our clients answer that for you.

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## TESTIMONIALS

*Footnote - Based on individual results. Although some may experience extraordinary benefit, results do vary. This testimonial does not constitute typical results nor do we claim otherwise.*

So as I hope this feedback has proven to you - XXX works!

My team and I are very excited at what impact our probiotic can have on the nation's health.\* We're delighted that so many people are now recommending XXX to family members, friends and patients.

We get emails, phone calls and letters all the time from people who suffered from being overweight, having low energy and poor concentration for years, if not decades, and are now finally getting the rejuvenating health improvements they desperately needed.\*

So you may be wondering what is the secret to XXX's success? How is it so powerful at returning your gut's microbiology to an optimum 80/20 split?

There are a few reasons why.

Along with the quantity of good bacteria in XXX is their quality.

The bacteria strains we use have all been carefully selected for their ability to counteract the different effects of Candida. One particular strain called Lactobacillus acidophilus is the superman of probiotic strains only recently discovered yet more powerful than all the other strains rolled into one.

Another of the key differences between our probiotic and cheaply made versions, is that XXX contains strains that won't dilute or disintegrate in your stomach acid.

Now this is crucial because unless the probiotic stays in the stomach long enough to distribute all the healthy bacteria then it's simply not going to work. 5.7510 billion CPUs may be cut down to 1 billion unless the strains are resistant enough to do their work.

We've also made sure that XXX can be taken by everyone safely. This includes people who may be gluten or lactose intolerant. There is none of the 'filler' or 'dusting' put in a lot of cheap probiotic supplements which could cause a reaction and XXX is completely allergen-free.

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Another reason our probiotic is the best on the market is because it has been put through the labs of an independent third party. We paid them to ensure that our product does exactly what we say it does and its potency is proven.

We have also sourced the ingredients for XXX from exactly the same suppliers of the probiotic strains we surveyed in our tests. This ensures there's no variance in the efficacy of the probiotics we studied and the ones found in every bottle of XXX.

So, as you can see, we've invested a lot of time and effort into ensuring XXX is the absolute best on the market, and efficacious enough to be recommended by nutritionists, dieticians and even doctors.

The only problem we faced in making XXX is that the high-end probiotic strains we use may have meant that it became unaffordable to many of the people that need it most.

So rather than cheapen our ingredients, we decided we had to find cost savings another. So we took a look at our entire distribution model.

Putting XXX in bricks and mortar retail outlets would have meant adding on additional costs. So instead we decided to cut out the middlemen and distribute XXX directly to you, the customer.

This was the only way of maintaining the standards that have made XXX the best on the market while ensuring you could get it at an affordable price.

The result is that we are able to offer an entire one month's supply of XXX for just \$69.95.

However, you won't pay that price.

Because, by watching this whole presentation, you've demonstrated that you're serious about taking steps to address your weight problems, lack of energy and all round health problems from Candida. So I'm going to make you an extra special offer you can only take advantage of if you are firstly a new customer and secondly you order in the next 24 hours.

The reason we're making this special offer is because we want people like you who are the most desperately in need of XXX get access to it and can experience its transformative benefits.

So we would like to offer you a complete month's supply of XXX for just \$39.95. That's nearly 50% off the normal price and is only available by clicking the link below this video.

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This offer is only available for the next 24 hours for people who show they are ready to take action to reduce their food cravings, weight gain and other health problems caused by Candida. After the next 24 hours, the offer will then be passed onto new people watching our presentation.

Something else to consider in your decision is that when you start taking XXX you stop craving processed foods loaded with sugar. More of the food you eat will be processed properly, so you won't need to eat as much.\*Naturally, your food bills will then drop.

As Georgianna Donadio, PhD, nutritionist and founder of the National Institute of Whole Health says, "A healthy body will recycle every single molecule it can from the bowel. Essentially the gut is a huge metabolic furnace."

So if you're ready to get started on reducing the spread of Candida, improving your gut's microbiotic balance and gain all round health improvements as a result, simply click on the link below.\*

You will immediately be directed to complete your purchase via our encrypted and highly secure server offering the very latest protection for your peace of mind.

Then choose a quantity of XXX, complete the credit card and shipping details and your shipment of our truly groundbreaking XXX will be on its way to you.

However, if you prefer to place your order by speaking to a real person, that's possible too. Simply call this number XXXX to speak to our customer services team.

Just to remove any doubts you may have of whether XXX does everything I've said it does, we're going to offer you a no-questions-asked cast-iron 90 day money back guarantee.

What this means is that you can try XXX for 90 days, and if you don't experience an improvement in your digestive health, better concentration, fewer food cravings and a reduction in your weight, all you need to do is send back the bottle, and any tablets that are left, to receive a fast hassle free refund.

You should experience its transformative effects within the first month. However, to be absolutely sure it's effective for everybody, no matter how advanced your Candida growth, we extended our guarantee to 90 days.\*

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As a qualified nutritionist, what matters most to me is that you gain the improvements you've been desperate to get for years. So if you are unhappy with the result, we aren't happy with it either, and will gladly return your money.

So as you can see there is absolutely no risk in giving XXX a try and seeing what a difference it can make to your food cravings and overall health. If you're ready to begin your journey to being Candida and food cravings free, click on the link below to place your order at our special offer price before it expires in the next 24 hours.

Now one last thing. Now this is important.

I want to just wrap up this presentation by discussing what could happen if you decide to carry on as before. Candida is not going to disappear on its own. Your gut won't return to a healthy 80/20 balance by itself.

The tiredness, digestive problems, bad skin, poor concentration, overweightness and insomnia you may be suffering from will only get worse. Remember, it's estimated that 4 in 5 Americans already suffer from some level of Candida overgrowth. It's the silent threat that's slowly killing the nation, with most still blissfully unaware.

But you've watched this presentation. You know what effect processed food is having on your body and personal health.

Unless you take steps today, your Candida growth and poor health will only get worse.

Remember, your stomach and digestive tract is the engine room for your whole body. It contains as many as 10 times more cells than your whole body combined and contains 70% of your entire immune system.

As nutritionist and naturopath Deirdre Rawlings, PhD, ND, says in her book *Fermented Foods for Health*:

"Your gut is the center of your universe [and your immunity]. You have the power to enhance or destroy it."

If you leave your gut to the clutches of Candida, it can affect your entire health. Just the early signs, such as indigestion, lethargy, poor sleep and bad skin, tell you that something is very wrong. Then you'll find that you get sick more often. When this happens, it may be too late for even XXX to help you.

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So don't delay treating your Candida overgrowth to next week or next year. By then it's growth could be even more out of control and the bad bacteria in your gut will have won forever.

Do the smart thing. Start taking just one capsule of XXX per day, whether just before or after meal times, and you can look forward to near immediate changes. This includes:

- Getting to sleep more easily and staying asleep, so you awake more rejuvenated and refreshed each day.\*
- Your energy levels increase. You can eat large meals without feeling tired.\*
- Your skin improves and becomes more supple while your body becomes firmer, helping you to look younger and healthier\*
- Your cravings for sugary food disappear and you know that even if you do eat the occasional burger it won't mean having to run for an hour afterwards.\*
- As your body starts to process food much better you go to the bathroom less. This includes no longer waking in the middle of the night to go to the toilet.\*
- Your weight begins to suddenly reduce. The deposits of fat on your arms, legs and stomach begin to disappear. And better yet, the weight stays off.\*
- As your energy levels rise, your need for carbs, caffeine and sugar dissipate. You might even find that your energy and performance levels in the bedroom improve too from having a slimmer and sexier body.\*

And this is just the beginning!

Over time the improvements in your health develop and fuse until you awake one morning and experience a moment of realization I call

The Serenity Spectrum.\*

This is when you finally realize that all the changes that have been taking place have taken full hold of your mind and body. Your concentration is now more assured than it's ever been. You feel totally calm, happy and at peace with yourself and the world around you.

Your entire senses are sharper, your happiness levels higher and you feel that everything in your life is perfectly in place.

Then you get the next moment of realization and that's that you were always supposed to feel this way.

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That before your thoughts and feelings were clouded. And now those clouds have completely disappeared.

When the Serenity Spectrum arrives for you, I hope you'll get in touch and tell me about it. It really is a wonderful feeling that makes all the steps you took to get there so worthwhile.

The first step begins now.

Will you take it?

Will you give yourself the reward of a life filled with greater satisfaction with the way you look, feel and think.

All of this comes from looking after your body's engine room, your gut and providing yourself with an immune system that runs like a finely tuned machine

Delay no longer.

Click on the link below right now and allow XXX to work its magic. Remember that your purchase is protected by a 90 day money back guarantee and is absolutely risk free. So why not give it a try and take the first step towards being the best version of yourself you can be.

*The Copywriter's Crucible Ltd*

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